Study program / study programs: Physical education and sport

Type and level of studies: Master academic studies

Course title: THEORY AND TECHNOLOGY OF SPORTS BRANCH 3

Lecturer or lecturers (for lectures): Karalejić S. Milivoje, Ćirković M. Zoran, Jevtić N. Branislav, Gardašević Đ. Branko, Jocić J. Dragan, Jakovljevic T. Sasa, Nešić P. Goran, Janković R. Aleksandar

Lecturer / Associate (for practice): Mandić S. Radivoj, Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M.

Milan, Bratuša F. Zoran, Leontijevic J. Bojan, Valdevit J. Zoran

Course status: Elective

ECTS: 6

Condition: Listened subject Theory and technology of sports branch 2 form basic academic studies

Course objectives:

The objective of the course is that students acquire the necessary theoretical and practical knowledge of: strength and condition preparation of athletes, technical-tactical preparation and competitions. In addition, the goal is to introduce students to scientific research

area of sports branch.

Course outcome:

Each student has acquired knowledge from: strength and condition training of athletes, technically - tactical preparations and competitions. In addition, he gained basic knowledge in the field of research in the sports branch. He is trained to independently apply knowledge in these areas in practice; that means that it conducts: the training of technical-tactical preparations, prepares the athlete for competition and conducts competition, and in addition can follow relevant scientific literature. In addition, the best student is able to conduct research of smaller volumes.

Contents description

Theory teaching:

Strength and condition preparation of athletes; Technical - tactical preparation; Competition; Research in the sports branch.

Practical classes:

Strength and condition preparation of athletes; Technical - tactical preparation; Competition.

References:

Karalejić, M., Jakovljević, S. (2008): Theory and Methods of Basketball. Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Football-History-Theory-Methodology. Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Theory and Methods of Sports Gymnastics - Part 2. Belgrade: FSFV; Stefanović, D., Juhas, i., Jankovic, N. (2008). Theory and Methodology of Athletics. Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Martial arts. Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtual Alpine skiing. Belgrade: FSFV; Stojanovic, T. Костић, P. and Nešić, G. (2010). Volleyball - technique and tactics. Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sports Gymnastics 1 and 2. Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Volleyball. Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Introduction to sports swimming, script; Tomljanović, V., Malić, Z. (1982): Handball - theory and practice, "Sportska tribina", Zagreb; Radisaljević, L. (1992): Rhythmic-sport gymnastics, FFK, Belgrade; Ilić B. (1988): Skiing. NIPRO Partizan, Belgrade; Stefanović, D. (2006). Theory and practice of sports training. Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Fighting boxing - karate,: FFK, Belgrade; Popović, S. (1985): Secret judo, Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Wrestling in the Greek-Roman style, Judo magazine, Belgrade; Mitrović, D. (2003): Rowing, script, FSFV, Belgrade.

| No. of active classes | | | | Other classes: |
|-----------------------|--------------------|--------------------------|----------------------|----------------|
| Lectures: | Practical classes: | Other forms of teaching: | Study research work: | 8 |
| 3 | 2 | | | |

Teaching method

Theoretical lectures; practical lectures; seminar papers; pedagogical practice

| Knowledge assessment (maximum score 100) | | | | |
|--|--------|-----------------------|--------|--|
| Exam prerequisites | points | Final examination | points | |
| Class Activities | 10 | Written examination | | |
| Practical instruction | 15 | Practical examination | 10 | |
| Preliminary exam / Colloquium | 10 | Oral examination | 35 | |
| Seminar papers | 10 | | | |
| Praxis | 10 | | | |