

Study program: Physical Education and Sport			
Type and level of studies: Basic academic studies			
Course title: GENERAL PSYCHOLOGY			
Lecturer or lecturers (for lectures): Lazarević, A. Dušanka			
Lecturer / Associate (for practice): Orlić, M. Ana, Vesković, V. Ana			
Course status: Obligatory			
ECTS: 5			
Condition: None			
Course objectives: General psychology is that students acquire basic knowledge about the mental life, approaches and methods of investigating psychological phenomena, as well as the ethical aspect of using data obtained by research and the application of psychological knowledge in working with people; to gain basic insights into the importance and possibilities of applying psychological knowledge in the field of physical education and sports.			
Course outcome: Students are expected to: 1. Know and understand the basic characteristics of a person's mental life; 2. Know the basic approaches to the research of psychological phenomena and understand the importance of respecting ethical principles in the application of psychological knowledge in working with people 3. They have basic insights into the importance and possibilities of applying psychological knowledge in the field of physical education and sports.			
Contents description: <i>Theoretical instruction:</i> Introduction: Subject, development and areas of psychology; Methods of research and measurement in psychology; The organic basis of psychic life and the development of psychic life; Basic mental processes: Observation: the sensation and perception, the law of perception; perception of space, movement, time; Attention in perception; Learning: concept, significance, types of learning, learning transfer; Remembering and forgetting; Thinking and intelligence: the characteristics of the process of thinking and the type of thinking; thinking and speech, concepts; process of problem solving; definition and nature of intelligence; individual differences in the ability to think; Feelings: characteristics, particular types of feelings; Motivation and motives: theoretical concepts, types of motives; satisfying and obstructing the satisfaction of the motive, defense mechanisms; aggressiveness; Personality: concept, structure, personality traits, types and typologies of personality, dynamics and personality development; self-esteem, integrity, personality maturity; personality theory; Personality and social context: observation of other people, attitudes, behavior in the group: the types and structure of the group, group management, group efficiency; Mental health problems; mental hygiene: tasks and principles of mental hygiene; psychological procedures (therapies) in the treatment of behavioral disorders. <i>Practical classes:</i> Measurement in psychology - approaches, procedures, ethical aspects of measurement and use of data; Basic methods and techniques of psychological research; analysis of the application of particular methods and techniques; approaches in the research and measurement of individual psychic processes and traits through analysis of case studies from literature: research and measurement of perceptual abilities, measurement of reaction time, evaluation and attention control, approaches in measuring intellectual abilities, methods of estimation and regulation of emotions, approaches in research and measurement of personality traits, research and measurement of attitudes, group management.			
References: 1. Rot, N. (2010). <i>Opšta psihologija. (General Psychology)</i> Beograd: Zavod za udžbenike i nastavna sredstva.			
No. of active classes			Other classes:
Lectures: 2	Exercises/ Practical classes: 2	Other forms of teaching: Study research work:	
Teaching method Lectures followed by video presentations; interactive teaching, discussion, work in small groups, consultative work with students.			
Knowledge assessment (maximum score 100)			
Exam prerequisites	points	Final examination	points
Class Activities	10	Written examination	60
Practical instruction	10	Practical examination	/
Preliminary exam / Colloquium		Oral examination	
Seminar papers	20	

