

Study program: Physical Education and Sport				
Type and level of studies: Basic academic studies				
Course title: HISTORY OF PHYSICAL CULTURE				
Lecturer or lecturers (for lectures): Mijatović M. Sladana				
Course status: Obligatory				
ECTS: 4				
Condition: None				
Course objectives: to enable students to find out and learn the most relevant facts about the course of the historical process of the emergence and development of physical culture as well as to learn and understand the principles of the emergence and development of its individual manifestations and to acquire the basic methodological knowledge about the study of the history of physical culture.				
Course outcome: Students are able to carry out analyses on the basis of the knowledge acquired and draw conclusions about the current events and changes regarding modern physical culture and apply them in their professional careers. Students are able to conduct the research in the field of the history of physical culture on the basis of the acquired basic methodological knowledge about the study of the history of physical culture (historical method).				
Contents description: <i>Theoretical instruction</i> GENERAL HISTORY OF PHYSICAL CULTURE: The roots of physical culture at prehistoric times; The history of physical culture of the ancient times; The history of physical culture in the medieval age (up to the 15 th century); The history of the new age – from the 15 th century till present. (physical exercise, physical education, national gymnastic systems, sport, Olympic movement). SPECIAL HISTORY OF PHYSICAL CULTURE: The overview of the phenomenon and development of the physical culture in the territory of Serbia (Principality, Kingdom, Republic of Serbia). The emergence and development of physical exercise, civil gymnastic, Sokol and sports societies. The emergence and development of individual sports and the establishment of sports clubs and associations. The emergence and development of the Olympic movement.				
References: Ilić, S., Mijatović, S. (2006): Istorija fizičke kulture (History of Physical Culture), Belgrade: FSFV				
No. of active classes				Other classes:
Lectures: 3	Exercises/ Practical classes: 0	Other forms of teaching:	Study research work:	
Teaching method Theoretical lectures				
Knowledge assessment (maximum score 100)				
Exam prerequisites	points	Final examination	points	
Class Activities	10	Written examination	20	
Practical instruction	-	Oral examination	20	
Preliminary exam / Colloquium	30		
Seminar papers	20			