Study program / study programs: Physical education and spor	Study program	study programs:	Physical educa	ation and sport
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Type and level of studies: Basic academic studies

Course title: THEORY OF SPORT

Lecturer (for lectures): Stefanović D. Djordje,

Course status: Obligatory

**ECTS**: 4

Condition: None

## **Course objectives:**

The student should get acquainted with the phenomenon of sport by studying various aspects, as the basis for the integration of knowledge, theories and methods of scientific disciplines that contribute to the development of theory and practice of sports.

## **Course outcome:**

The expected outcome of the course is that the student achieves the whole knowledge through reflection and examination, acquires and develops the ability to understand and knows to analyze the phenomenon / problem, critically discusses and finds a solution that will apply in sports theory and practice. The desired outcome of the course is to enable the student to independently innovate (create) in the field of theory and practice of sports.

## **Contents description:**

Theory teaching

Introduction; Philosophy of Sport; Science of Sport; Theory and practice of sports

## **References:**

Stefanović, Đ. (2008). Filosofija, nauka, teorija i praksa sporta (Philosophy, Science, Theory and Practice of Sport, Basic Textbook). Belgrade: Faculty of Sport and Physical Education.

Stefanović, Đ. (2008). Teorija sporta – praktikum (Theory of sports – practicum). Belgrade: Faculty of Sport and Physical Education.

Stefanović, Đ. (2006). Teorija i praksa sportskog treninga (Theory and practice of sports training).

Belgrade: Faculty of Sport and Physical Education.

Number of act	Other classes:			
Lectures:	Practical classes:	Other forms of t	eaching: Study resear	ch
4	0	work:		
Teaching meth	od			
Theoretical lect	ures; practical lecture	es		
	Know	ledge assessment	(maximum score 100)	
Exam prerequisites		points	Final examination	points
<b>Class Activities</b>	5	10	Written examination	
Practical instruction			Practical examination	
Preliminary exam / Colloquium			Oral examination	50
Seminar papers / Practicum		40		