

Study program: Physical Education and Sport				
Type and level of studies: Basic academic studies				
Course title: THEORY AND THEACHING METHOD OF ARTISTIC GYMNASTICS (has a continuation)				
Lecturer or lecturers (for lectures): Vukasinovic M. Vladan				
Lecturer / Associate (for practice): Grbovic V. Miljan; Dabovic R. Milinko; Kocic Z. Sonja				
Course status: Obligatory				
ECTS: 3				
Condition: Passed exams from the courses: Anthropomotrics, Biomechanics and Theory and Methodic of Rhythmic Gymnastics				
Course objectives: to introduce students to the structure and terms of artistic gymnastics (education and sport); the effects of implementing the program on the dimensions of the bio-psycho-social and motor status of students at younger school age; terminology, classification, general technique and general methodic in artistic gymnastics; characteristics and method of realization of programs in the younger school age.				
Course outcome: student uses appropriate terminology; understands concepts from general technique and general methodic; explains the reasons that define artistic gymnastics as basic sport; properly realizes the program in the field of pedagogical practice from exercises on the apparatus and floor in the physical education for students at younger school age (within the course Theory and Methodic of Physical Education).				
Contents description: <i>Theoretical instruction:</i> The concept and content of the course. Objective and outcomes of the course. Possibilities and conditions for student training. Organization of classes. Relation of terms artistic gymnastics and exercises on apparatus and floor. Exercises on apparatus and floor in physical education programs from the first to the fourth grade of primary schools (possible effects of realization of programs on morphological, functional and motoric students abilities, in relation to biological and health status and educational goals). Terminology and classification and their mutual relationship. General technique – biomechanical principles of movement in artistic gymnastics. General learning methodics – characteristics in the application of basic pedagogical and didactic principles when learning exercises. Pre-school programs and programs from the first to the fourth grade of primary school. <i>Practical classes:</i> Technique, methodic, keeping and assisting and performing the exercises. Combinations of exercises from the programs of physical education for students at the young school age; students prepare and realize tasks.				
References: Radojevic, J., Vukasinovic, V., Grbovic, M., Dabovic, M. (2011): Teorija i metodika sportske gimnastike II deo: prektična nastava i priprema za rad u školi (Theory and methodic of artistic gymnastics II part: practical teaching and preparation for work in schools); Radojevic, J., Vukasinovic, V., Grbovic, M., Dabovic, M. (2003): Vežbe na spravama – dodatak osnovnom udžbeniku, za unutrašnju upotrebu (Exercises on apparatus – supplement to basic textbook, for internal use), FSFV Belgrade; Petrovic, J. et al (1995): Sportska gimnastika 1 i 2 (Artistic gymnastics I and II), FFK Belgrade, book; Radojevic, J. (1991): Vežbe na spravama i tlu za učenice osnovne škole (Exercises on apparatus and floor for elementary school students), Nis “Partizan”.				
No. of active classes				Other classes: 2
Lectures: 1	Exercises/ Practical classes: 2	Other forms of teaching:	Study research work:	
Teaching method Theoretical lectures; practical lectures				
Knowledge assessment (maximum score in V and VI semester is 100 points) 25 points that a student can acquire in the V semester are transferred to VI semester				
Exam prerequisites	points	Final examination	points	
Class Activities	1			

Practical instruction	3		
Preliminary exam / Colloquium/ Practical	8		
Preliminary exam / Colloquium/ Theory	13		
Total	25		