

Study program: Physical Education and Sport				
Type and level of studies: Basic academic studies				
<b>Course title:</b> THEORY AND THEACHING METHOD OF ARTISTIC GYMNASTICS (continuation)				
<b>Lecturer or lecturers</b> (for lectures): Vukasinovic M. Vladan				
<b>Lecturer / Associate</b> (for practice): Grbovic V. Miljan; Dabovic R. Milinko; Kocic Z. Sonja				
Course status: Obligatory				
<b>ECTS:</b> 5				
Condition: Passed exams from the courses: Anthropomotrics, Biomechanics and Theory and teaching methods of rhythmic gymnastics				
<b>Course objectives:</b> Introduction to modern scientific and professional achievements for the realization of the programs in school and sports theory and practice, the characteristics of the artistic gymnastics program and exercises on apparatus and didactic principles of their realization; the impacts of implementing the program on the dimensions of bio-psycho-social and motor status of children and youth.				
<b>Course outcome:</b> The student is able to implement program of the exercises on apparatus in accordance with the goals and tasks, methods and the forms of work in the field of physical education, as well as artistic gymnastics programs: Physical education - obligatory elective subject; program of school sports competitions; program of preparatory gymnastics school groups. The student chooses exercises that are in accordance with the abilities of students and realizes them in pedagogical practice for students of all ages (within the subject Theory and Methodic of Physical Education). Student adapts to changes in all of these programs. Student looks at and explains the reasons why contents of artistic gymnastics are useful in the physical education program and in the sports system.				
<b>Contents description:</b> <i>Theoretical instruction:</i> The creation and development of gymnastics and artistic gymnastics; realization of gymnastic programs depending on social and personal motives and goals; characteristics of artistic gymnastics for women; the system and the organization of competitions and the rules of assessment in artistic gymnastics and school gymnastics; technique and methodic of basic exercises from the program of artistic gymnastics; program of exercise on apparatus in school and way of accomplishment; halls, apparatus (equipment), assistant devices; basics of training in artistic gymnastics; research in artistic gymnastics and exercises on apparatus at school. <i>Practical classes:</i> Technique, methodic, keeping and assisting and performing exercises, combination of exercises and whole compositions of physical education programs, compulsory elective subjects, school sports competitions and the youngest categories in artistic gymnastics. Organization of practical work.				
<b>References:</b> Radojevic, J., Vukasinovic, V., Grbovic, M., Dabovic, M. (2011): Teorija i metodika sportske gimnastike II deo: prektična nastava i priprema za rad u školi (Theory and methodic of artistic gymnastics II part: practical teaching and preparation for work in schools); Radojevic, J., Vukasinovic, V., Grbovic, M., Dabovic, M. (2003): Vežbe na spravama – dodatak osnovnom udžbeniku, za unutrašnju upotrebu (Exercises on apparatus – supplement to basic textbook, for internal use), FSFV Belgrade; Petrovic, J. et al (1995): Sportska gimnastika 1 i 2 (Artistic gymnastics I and II), FFK Belgrade, book; Radojevic, J. (1991): Vežbe na spravama i tlu za učenice osnovne škole (Exercises on apparatus and floor for elementary school students), Nis “Partizan”.				
<b>No. of active classes</b>				Other classes: <b>4</b>
Lectures: 2	Exercises/ Practical classes: 3	Other forms of teaching:	Study research work:	
<b>Teaching method</b> Theoretical lectures; practical lectures				
<b>Pre – exam and exam obligation in the VI semester – 75 points (transfer maximum 25 points from V semester) – total number of points: 100</b>				
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>	<b>points</b>	
Class Activities	3	Final practical examination	20	

Practical instruction	5	Final theory examination	25
Preliminary exam / Colloquium/ Practical	14		
Preliminary exam / Colloquium/ Theory	8		
		Total	75