Study program: Physical Education and Sport

Type and level of studies: Basic academic studies

Course title: THEORY AND TEACHING METHODS OF PHYSICAL EDUCATION 1 (part 1)

Lecturer or lecturers (for lectures): Milanović T. Ivana, Radisavljević Janić V. Snežana

Lecturer / Associate (for practice): Milošević J. Vladimir

Course status: Obligatory

ECTS: 3
Condition: -

**Course objectives** to develop theoretical basis and skills related to the teaching methods of physical education needed for internship in schools and as a foundation for successuful mastering of this subject at the fourth year of the studies.

## Course description

This course will contribute to the students' development of the theoretical basis in PE teaching and thus prepare students for introduction of more complex theoretical and skill knowledge through the subject "Teaching methods of physical education 2" (fourth year of the studies). The students will acquire basic knowledge, teaching skills and experiences of PE instruction in junior primary school. Students will be prepared for pedagogical practice in the seventh and eighth semesters.

#### Course:

#### Theory teaching

Theory teaching provides knowledge about the system of physical education (basic elements of the theory and methods of physical education), knowledge about physical education as a professional activity and academic discipline. The contents of the course include important theoretical bases and teaching methods of physical education necessary for application in primary school settings in physical education.

#### Practical classes:

Practical classes include presentations in schools, practical work of students in the form of pedagogical practice, and seminar exercises for students. The teaching practice component of this course provides for the acquisition of teaching skills and professional competencies in applied junior primary school settings in physical education.

#### **References:**

Višnjić, D., Jovanović, A., Miletić, K: Teorija i metodika fizičkog vaspitanja (Theory and teaching methods of PE 1), SIA, Beograd, 2004 (selelcted chapters)

Radisavljević, S., Milanović, I.: Praktikum.(Practical classes report)

PE syllabuses of 1-4 grade of elementary school

Kragujevic, G: Priručnici za nastavu fizičkog vaspitanja od 1-4 razreda osnovne škole

No. of active classes				Other classes:
Lectures:	Exercises/	Other forms of teaching:	Study research	
	Practical classes:		work:	
2	1			1

### Methods of teaching

Theoretical lectures

Lectures, video presentations: instructional films, presentations of particular topics, written exercises.

#### Practical lectures

Practical work of the student in the field of pedagogical practice.

# Knowledge assessment (maximum score 100) The points are transferred to the sixth semester

Exam prerequisites	points	Final examination	points
Class Activities	5	Written examination	
Practical instruction	5	Practical examination	
Preliminary exam / Colloquium	5	Oral examination	
Seminar papers			