

Study program : Physical education and sports				
Type and level of studies: Basic academic studies				
<b>Course title:</b> THEORY AND TEACHING METHODS OF SWIMMING AND WATERPOLO				
<b>Lecturer or lecturers</b> (for lectures): Jevtić N. Branislav				
<b>Lecturer / Associate</b> (for practice): Jevtić N. Branislav, Bratuša F. Zoran				
Course status: Obligatory				
<b>ECTS:</b> 6				
Condition: Status "swimmer", general knowledge from: pedagogical-psychological sciences, methods of physical education, biomechanics, human biology and first aid				
<b>Course objectives:</b> Cognitive and motor knowledge about the specific characteristics of swimming and sports swimming and water polo in general. Application of acquired knowledge and mastered skills in swimming training and sports swimming.				
<b>Course outcome:</b> Motivational, methodical, organizational and safety competence in the teaching of swimming in the physical education program. Level of competence for working in sports swimming practice in accordance with the rules of the sports system. Motor skills and technique, as well as understanding the game of water polo. Motor skills in rescuing drowning and organizing a safe environment for all exercises in the water. Measures of first aid and resuscitation of drowned people are part of interdisciplinary competence (Biology of Human Development with the Basics of Controversial Medicine). Behavior and safety in open water surfaces, boat management, the location of water activities are the subject of interdisciplinary competence (Logging, T&M Rowing).				
<b>Contents description:</b> <i>Theory teaching</i> Theories of training and swimming training. Generic scientific system of swimming (sociology, psychology, pedagogy, mechanics, biology, medicine). Scientific facts about the development of man through swimming. By studying the place and the role of swimming in growing up, educating and educating, connecting with academic careers, acquiring habits for an active lifestyle. The contents of the course are principles, organizational methods and techniques that develop the student's safety competence, that makes them staying and practicing in water methodically and organizationally useful and safe. <i>Practical classes:</i> Practical instruction involves swimming analysis through self-reflection and protocols for the analysis of technical correctness. Analysis of the work of swimming schools and swimming clubs. The exercises are aimed at the adoption and development of motor skills in water, the development of methodical competence for swimming training, swimming technique, the basics of water polo techniques, as well as the development of security competence in techniques for approaching and saving				
<b>References:</b> 1) Jevtić, B. (2001). Plivanje u nastavi (Swimming in teaching), scientific monograph, Faculty of Sport and Physical Education, Belgrade 2) Jevtić, B., Radojević, J., Juhas, I. Ponper, P. (2011). Dečji sport od prakse do akademske oblasti (Children's sport from practice to academic area), scientific monograph 3) Jevtic, B. (2010). Plivanje, skripta (Swimming. Script), subject navigation at <a href="http://www.dif.bg.ac.rs">www.dif.bg.ac.rs</a> . 4) Jevtić, B. (2013). Plivanje - praktikum (Swimming – Practicum) 5) Rules for swimming and water polo competitions. The navigation is on <a href="http://www.dif.bg.ac.rs">www.dif.bg.ac.rs</a>				
<b>Number of active classes</b>				Other classes: 4
Lectures: 2	Exercises/ Practical classes: 4	Other forms of teaching:	Study research work:	
<b>Teaching method</b> Lectures, conversation, repetition until the adoption and improvement of motor skills, demonstrations, analyzes (movements and skills, written and video, competitions, teaching and pedagogical documents, security ...), problem analysis of the web				
<b>Knowledge assessment (maximum score 100)</b>				
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>	<b>points</b>	

Class Activities	5	Written examination	31
Practical instruction	5	Practical examination	
Preliminary exam / Colloquium	44	Oral examination	15
Seminar papers /Practicum			