Study program: Physical Education and Sport

Type and level of studies: Basic academic studies

Course title: RECREATION OF OUTDOOR CLASSES

Lecturer or lecturers (for lectures**):** Mitić R. Dušan, Prebeg Ž, Goran

Lecturer / Associate (for practice):

Course status: Elective

ECTS: 3

Condition: None

Course objectives:

The objective of the course is to examine the importance, possibilities and organizational forms of recreation of pupils in outdoor forms of recreational activities in nature. Analysis of the importance of animation programs for recreational activities for pupils in nature. Acquiring knowledge and skills necessary for animating pupils in nature. Recognizing the importance of good communication based on the active participation of students in day and evening programs.

Course outcome:

The outcome of the course is to enable the student to communicate with students and master the skills on which communication between pupils will be establish. To understand how to conceive a program in which a student has an active role. In order to conceive and realize the daily contents of various musical exercises, organize tournaments of small games and sports games and be able to conduct typical evening programs.

Contents description:

Theoretical instruction:

The importance and need of recreation of students. Forms of recreation of pupils. Organizational forms of animation. Daily sports and recreational activities and facilities. The importance and modalities of improving communication with pupils and students. Systems and models of organizing competitions. Models to stimulate students to participate. Daily and multi-day excursions. Organization of holidays, winter, Schools in nature. Campsites and Recreation Festivals. Typical contact evening programs. Forming an animation team. Building the dynamics of the event. Dangers and prevention of the dangers of staying in nature.

Practical classes:

Development of program models for individual age groups at different destinations in relation to the time of year and spatial technical conditions. Views of the modality of games and content indoors and field games and content. Models of stimulating participation.

References:

- 1. Mitić D (2001). Rekreacija (Recreation), textbook at faculty of sport and PE in Belgrade. Beograd
- 2. IVANOVSKI, Aleksandar, MITIĆ, Dušan. Animator in tourism. Braşov: Universitǎţii "Transilvania", International monography, 2012.
- 3. MITIĆ, Dušan. Priručnik za animatore zimske rekreacije (Manual for winter recreation animators). Beograd: Savez za sportsku rekreaciju Jugoslavije, [1997].

No. of active c	Other classes:			
Lectures:	Exercises/	Other forms of teaching:	Study research	
1	Practical classes:	3	work:	
	2			

Teaching method: Theoretical lectures; practical lectures; presenting teachers on topics from the curriculum, presenting the results of individual or teamwork on individual problems by students, discussing issues from the curriculum of the course. Work in smaller groups in the classroom or in nature, where practical problems related to the recreation of students in nature are solve in the form of workshops.

Knowledge assessment (maximum score 100)

Exam prerequisites	points	Final examination	points		
Class Activities	20	Written examination			
Practical instruction	20	Practical examination			
Preliminary exam / Colloquium	20	Oral examination	30		
Seminar papers	10				