Study program / study programs: Physical education and sport

Type and level of studies: Basic academic studies

Course title: THEORY AND TECHNOLOGY OF SPORTS BRANCH 1 (has a continuation)

Lecturer or lecturers (for lectures): Karalejić S. Milivoje, Ćirković M. Zoran, Jevtić N. Branislav, Gardašević Đ. Branko, Jocić J. Dragan, Jakovljevic T. Sasa, Nešić P. Goran, Janković R. Aleksandar

Lecturer / Associate (for practice): Mandić S. Radivoj, Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M.

Milan, Bratuša F. Zoran, Leontijevic J. Bojan, Valdevit J. Zoran

Course status: Elective

ECTS: 5
Condition: None

Course objectives:

The objective of the course is to give the students the necessary knowledge in the field of appearance and development of the sports branch, to understand: evolution in the context of the current and future situation; rules of the sports branch and their historical development; factors from which depends on the success of the sports branch; to get acquainted with the matter that makes the introduction into technique and tactics with the methodology of the sports branch.

Course outcome:

Each student has gained knowledge from sports theory (history, factors on which success depends), rules of sports branch, basis of technique and tactics with methodic. The student is able to demonstrate the basic elements of the technique, to organize and conduct training, primarily training of basic techniques at all levels of training (from beginners to professionals). In addition, the best student is able to demonstrate variants of basic techniques, to train athletes at all levels of quality.

Contents description

Theory teaching:

History of sports branch; Rules of the sports branch; Specification of success in sports branch; Basic technique and tactics of sports branch with methodic.

Practical classes:

Basic technique and tactics with methodic; Rules and Trial

References:

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, D., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skiing). Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Volleyball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, D. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate),: FFK, Belgrade; Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade.

L	No. of active classe	Other classes:			
	Lectures:	Practical classes:	Other forms of teaching:	Study research work:	8
L	2	2			

Teaching method

Theoretical lectures; practical lectures; seminar papers; pedagogical practice

Knowledge assessment (maximum score 100) Points are transferred in the sixth semester

Exam prerequisites	points	Final examination	points
Class Activities	5	Written examination	
Practical instruction	5	Practical examination	
Preliminary exam / Colloquium	5	Oral examination	
Seminar papers	5		
Praxis	5		