Study program / study programs: Physical education and sport

Type and level of studies: Basic academic studies

**Course title:** THEORY AND TECHNOLOGY OF SPORTS BRANCH 1 (continuation)

Lecturer or lecturers (for lectures): Karalejić S. Milivoje, Ćirković M. Zoran, Jevtić N. Branislav, Gardašević Đ. Branko, Jocić J. Dragan, Jakovljevic T. Sasa, Nešić P. Goran, Janković R. Aleksandar

Lecturer / Associate (for practice): Mandić S. Radivoj, Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M. Milan, Bratuša F. Zoran, Leontijevic J. Bojan, Valdevit J. Zoran

#### Course status: Elective

**ECTS**: 5

# Condition: No

**Course objectives:** 

The objective of the course is to provide students with the necessary knowledge of: basic techniques and tactics with methodic.

### **Course outcome:**

Each student has acquired knowledge from the basics of technique and tactics with methodology. The student is able to demonstrate the basic elements of the technique, to organize and conduct training, primarily training of basic techniques at all levels of training (from beginners to professionals). In addition, the best student is able to demonstrate variants of basic techniques, to train athletes at all levels of quality.

# Contents description

Theory teaching:

Introduction to the technique and tactics of the sports branch with methodic.

Practical classes:

Basic technique and tactics with methodic

# **References:**

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, Đ., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skiing). Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Vollevball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, Đ. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate).: FFK, Belgrade: Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade.

No. of active classes				Other classes:
Lectures:	Practical classes:	Other forms of teaching:	Study research work:	8
2	2			
Taaching method				

### **Teaching method**

Theoretical lectures; practical lectures; seminar papers; pedagogical practice						
Knowledge assessment (maximum score 100)						
Adding the points transferred from the fifth semester						
Exam prerequisites	points	Final examination	points			
Class Activities	5	Written examination				
Practical instruction	5	Practical examination	10			
Preliminary exam / Colloquium	10	Oral examination	35			
Seminar papers	5					
Praxis	5					