

Study program / study programs: Physical education and sports				
Type and level of studies: Basic academic studies				
Name of the course: THEORY AND TEACHING METHOD OF MARTIAL ARTS				
Lecturer or lecturers (for lectures): Jovanovic M. Srecko, Kasum D. Goran, Mudric R. Milos				
Lecturer / Associate (for practice): Jovanovic M. Srecko, Kasum D. Goran, Mudric R. Milos				
Course status: Obligatory				
ECTS: 3				
Condition: does not have				
The aim of the course: The main objective of the course is to develop a positive attitude towards martial arts by emphasizing pedagogical educational and practical value of these sports, theoretical education and practical training of students for methodical implementation of planned facilities in the field of martial arts in the context of physical education.				
The outcome of the course: The expected outcomes of learning are training students to realize the intended contents of the program in the field of martial arts as part of physical education, while the desired learning outcomes enable students to organize a section of martial arts.				
Contents of the course				
Theory teaching				
<ul style="list-style-type: none"> • Theoretical basics of martial arts, • Theory and methodology of boxing, • Theory and methodology of karate. • Theory and methodology of wrestling • Theory and methodology of judo 				
Practical classes:				
<ul style="list-style-type: none"> • Learning the basic techniques of boxing, karate, wrestling and judo • Monitoring the competition, training and preparation of top athletes and team • Monitoring seminars and thematic lectures 				
Recommended literature				
1. Ćirković, Z., Jovanović, S., Kasum, G. (2010). Borenja (Martial arts). Beograd: Univerzitet u Beogradu FSFV. (serbian language).				
2. Ćirković, Z. (2006). Teorija borenja (Theory of martial arts). Beograd: Univerzitet u Beogradu FSFV. (serbian language).				
Number of active classes				Other classes:
Lectures: 1	Practical classes: 2	Other forms of teaching:	Study research work:	
Methods of teaching				
Theoretical lectures; practical lectures				
Theoretical lectures, practical classes, exercises, training and monitoring of competition in martial arts, the realization of individual methodical units by students.				
Knowledge assessment (maximum score 100)				
Pre-exam obligations	points	Final exam	points	
Activity on classes	4	Practical exam		
Practical classes	10	Oral exam		
Colloquium	20		
Seminar				

