

Study program / study programs: Physical education and sport				
Type and level of studies: Basic academic studies				
Course title: THEORY AND TEACHING METHODS OF ROWING				
Lecturer or lecturers (for lectures): Mitrovic N. Darko				
Lecturer / Associate (for practice): Rajkovic M. Zeljko				
Course status: Obligatory				
ECTS: 3				
Condition: The course has no specific prerequisites				
Course objectives: The course is designed in order to enable students to gain knowledge in the field of rowing/paddling sports based upon which the students acquire abilities to conduct teaching program and extra curricula activities in elementary schools and highs schools. As well the students are to be capable in conducting recreational programs using water resources in their working environment and suitable vessel types.				
Course outcome: The expected outcome of the program is to have students capable of: - independently organizing and applying rowing in teaching programs of physical education, -organizing recreational activities for participants in all ages by using rowing as a tool, -participating in working with beginners in sport rowing/paddling clubs.				
Course content <i>Theoretical part</i> Historical development of rowing, rules and guidelines of competitive rowing, rowing techniques, methods of teaching rowing techniques, factors of success in rowing, characteristics of water resources, rules of conduct in water. <i>Practical part</i> Techniques and methods of rowing/paddling in rowing/paddling sports, ergometers in rowing and how to use them, rules of conduct in water, organization of a teaching class.				
References: Mitrovic D. (2003): Veslanje (Rowing), scripts, European Center for Peace and Development of the United Nations, International Faculty of Sport, University of Banja Luka, Belgrade. Group of authors (2009): Pravilnik o održavanju Prvenstava Srbije u kajaku i kanuu na mirnim vodama (Rulebook on holding Serbian championships in kayaking and canoeing in peaceful waters), Kayak Association of Serbia, Belgrade. Group of authors (2002): Pravilnik takmičenja u veslanju (Rowing rowing rules), Rowing Federation of Serbia, Belgrade. Group of authors (2010): Pravilnik o održavanju rafting takmičenja (Rulebook on rafting) Rafting Federation of Serbia rafting competition, Rafting Association of Serbia, Belgrade. Graeme A. (2002): Rafting, Znanje d.d., Zagreb.				
No. of active classes				Other classes:
Lectures: 1	Exercises/ Practical classes: 2	Other forms of teaching: 30	Study research work:	
Methods of execution				
Knowledge assessment (maximum score 100)				
Exam prerequisites	points	Final exam	points	
Attending Practice Hours	10	Written exam	40	
Preparing for practice	20	Oral Exam	/	
Activity during practice	30		
Final examination				