Study program / study programs: Physical education and sport

Type and level of studies: Basic academic studies

### Course title: THEORY AND TECHNOLOGY OF SPORTS BRANCH 2 (has a continuation)

Lecturer or lecturers (for lectures): Karalejić S. Milivoje, Ćirković M. Zoran, Jevtić N. Branislav, Gardašević Đ. Branko, Jocić J. Dragan, Jakovljevic T. Sasa, Nešić P. Goran, Janković R. Aleksandar

Lecturer / Associate (for practice): Mandić S. Radivoj, Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M.

Milan, Bratuša F. Zoran, Leontijevic J. Bojan, Valdevit J. Zoran

Course status: Elective

ECTS: 6

Condition: Listened subject Theory and technology of sports branch 1

#### Course objectives:

The objective of the course is to acquire the necessary theoretical and practical knowledge on: testing and measuring in sports branch, selection, training of young athletes and technical-tactical preparation.

### Course outcome:

The student is qualified for testing and measuring in sports branch, selection, training of young athletes, and technical - tactical preparations. He is trained to independently apply knowledge from these areas to practice; this means that it conducts: testing and measuring, correct selection and training of young athletes, organizes and implements technical and tactical preparation. In addition to this, the best student is able to work independently with athletes of all age groups and seniors of lower quality levels.

### **Contents description**

Theory teaching:

Testing and measuring in sports branch, Selection, Training of young athletes; Technical - tactical preparation.

Practical classes:

Technical-tactical preparation; Testing and measuring in the sports branch; Training of young athletes

#### **References:**

#### **References:**

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, D., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skijanje , Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Volleyball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, D. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate),: FFK, Belgrade; Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade..

No. of active classe	Other classes:			
Lectures:	Practical classes: 2	Other forms of teaching:	Study research work:	8
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# **Teaching method**

Theoretical lectures; practical lectures; seminar papers; pedagogical practice

## Knowledge assessment (maximum score 100) Points are transferred in the eighth semester

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Exam prerequisites	points	Final examination	points	
Class Activities	5	Written examination		
Practical instruction	5	Practical examination		
Preliminary exam / Colloquium	5	Oral examination		
Seminar papers	5			
Praxis	5			