Study program / study programs: Physical education and sport

Type and level of studies: Basic academic studies

Course title: THEORY AND TECHNOLOGY OF SPORTS BRANCH 2 (continuation)

Lecturer or lecturers (for lectures): Karalejić S. Milivoje, Ćirković M. Zoran, Jevtić N. Branislav, Gardašević Đ. Branko, Jocić J. Dragan, Jakovljevic T. Sasa, Nešić P. Goran, Janković R. Aleksandar

Lecturer / Associate (for practice): Mandić S. Radivoj, Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M. Milan, Bratuša F. Zoran, Leontijevic J. Bojan, Valdevit J. Zoran

Course status: Elective

ECTS: 6

Condition: Listened subject Theory and technology of sports branch 1

Course objectives:

The objective of the course is to acquire the necessary theoretical and practical skills on: technical - tactical preparation and planning and programming of training.

Course outcome:

Each student has acquired basic knowledge from: technical - tactical preparation and planning and programming of training. He is trained to independently apply knowledge in these areas in practice; This means it is organized and implemented technical-tactical preparation, plans and scales certain levels and types of training. In addition to this, the best student is able to work independently with athletes of all age groups and seniors of lower quality levels.

Contents description

Theory teaching:

Technical - tactical preparation; Training planning and programming.

Practical classes:

Technique and tactic preparation

References:

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, Đ., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skiing). Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Volleyball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, Đ. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate),: FFK, Belgrade; Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade..

No. of active classes					Other classes:
Lectures:	Practical classes:	Other forms of teaching:		Study research work:	8
2	2				
Teaching method					
Theoretical lectures; practical lectures; seminar papers; pedagogical practice					
Knowledge assessment (maximum score 100)					
Adding the points transferred from the seventh semester					
Exam prerequisites		points	Final examination		points
Class Activities		5	Written examination		
Practical instruction		5	Practical examination		10
Preliminary exam / Colloquium		10	Oral examination		35
Seminar papers		5			
Praxis		5			