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| Study program / study programs: Recreation | | | |
| Type and level of studies: Basic professional studies | | | |
| Course title: HISTORY OF PHYSICAL CULTURE | | | |
| Lecturer or lecturers (for lectures): Mijatović M. Slađana | | | |
| Course status: Obligatory | | | |
| ECTS: 4 | | | |
| Condition: none | | | |
| Course objectives: to enable students to find out and learn the most relevant facts about the course of the historical process of the emergence and development of physical culture as well as to understand the principles of the emergence and development of its individual manifestations and to acquire the basic methodological knowledge about the study of the history of physical culture. | | | |
| Course outcome: students are able to carry out analyses on the basis of the knowledge acquired and draw conclusions about the current events and changes regarding modern physical culture as well as to apply them in their professional careers; students are able to conduct the research in the field of the history of physical culture on the basis of the acquired basic methodological knowledge about the study of the history of physical culture. | | | |
| Contents description: <i>Theoretical instruction:</i> GENERAL HISTORY OF PHYSICAL CULTURE: The roots of physical culture at prehistoric times; The history of physical culture of the ancient times, The history of physical culture of the medieval age (up to 15 th century); The history of the new age – from the 15 th century till present. (physical exercise, physical education, national gymnastic systems, sport, Olympic movement). SPECIAL HISTORY OF PHYSICAL CULTURE: the overview of the phenomenon and development of the physical culture in the territory of Serbia (Principality, Kingdom, Republic of Serbia). The emergence and development of physical exercise, civil gymnastic, Sokol and sports societies. The emergence and development of individual sports and the establishment of sports clubs and associations. The emergence and development of the Olympic movement. | | | |
| References: Ilić, S., Mijatović, S.: History of Physical Culture. Belgrade, 2006. Mijatović, S.: Physical Culture in Serbia in the Period After the First World War (1918-2006). Belgrade, 2006. | | | |
| No. of active classes | | | Other classes: |
| Lectures: 3 | Exercises/ Practical classes:0 | Other forms of teaching: | |
| Teaching method Theoretical lectures | | | |
| Knowledge assessment (maximum score 100) | | | |
| Exam prerequisites | points | Final examination | points |
| Class Activities | 10 | Written examination | 20 |
| Practical instruction | - | Oral examination | 20 |
| Preliminary exam / Colloquium | 30 | | |

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| Seminar papers | 20 | | |
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