

Study program / study programs: Recreation			
Type and level of studies: Basic professional studies			
Course title: Theory and Practice of Recreation 1 (continuation)			
Lecturer or lecturers (for lectures): Mitić R. Dušan, Stojiljković R. Stanimir, Prebeg Ž, Goran			
Lecturer / Associate (for practice): Mitić R. Dušan, Stojiljković R. Stanimir, Prebeg Ž, Goran			
Course status: Obligatory			
ECTS: 7			
Condition: No			
Course objectives: is the study of the forms of recreation of employees in modern conditions of life and work. Special attention is paid to propaganda promotional actions and models of application of animation of recreation programs in tourism. Through practical lessons, modifications of the activities for the purpose of recreation are considered, especially during the summer period..			
Course outcome The student is able to recognize the problems of modern mode of production; that the student knows the basic modalities of the recreation program for employees; to be trained to carry out propaganda-promotional action for exercising for health; through practical training, to adapt activity to the abilities of the group; that the student can independently organize and implement the program of daily and evening activities for certain categories of guests during the summer tourist season; to learn the basic elements of swimming, paddling, water skiing, aquarobiking, aerobics, small sports (badminton, darts, mini-tennis, balloons, pelotas), field games..			
Theoretical instruction: Recreation of employees, systems of competitions, Cooper's program, recreational propaganda, promotional actions, tourism, sports tourism, active tourism, tourist animation..			
Practical classes: Impressions of the use of sports, sports games and recreational facilities. Training of basic elements of swimming, paddling, water skiing, aquarobika, aerobics, small sports (badminton, darts, mini-tennis, ballot, pelotte), field games. Seminar work: A program of propaganda action. Colloquium: Successfully mastered outdoor activity.			
References:			
1. Mitić D: REKREACIJA, udžbenik na Fakultetu sporta i fizičkog vaspitanja u Beogradu, Beograd 2001			
2. Mitić D. Dopunski odmor radnika. Uputstvo za nastavnu praksu, 1999, Biblioteka FFK, Beograd.			
3. RADISAVLJEVIĆ - JANIĆ, Snežana, MILANOVIĆ, Ivana, PANTELIĆ, Saša, MARKOVIĆ, Saša, STANKOVIĆ, Ratko, STOJILJKOVIĆ, Stanimir, MITIĆ, Dušan, MIKALAČKI, Milena, ČOKORILO, Nebojša, KOROVLJEV, Nebojša. Angažovanost u rekreaciji građana Republike Srbije : istraživanje obavljeno za potrebe Ministarstva omladine i sporta Republike Srbije. Beograd: Fakultet sporta i fizičkog vaspitanja: Ministarstvo omladine i sporta, 2010. 111, [6] tabli sa priložima, graf. prikazi, tabele. [COBISS.SR-ID 512865708]			
4. IVANOVSKI, Aleksandar, MITIĆ, Dušan. Student´s camp of healthy life style in Serbia : oral presentation. Proceeding, Conference: The role of University sports in education and society - a platform for change : proceedings. Beograd: Faculty of Sport and Physical Education, 2009, str. 129. [COBISS.SR-ID 512599724]			
No. of active classes			Other classes:
Lectures: 2	Exercises/ Practical classes:2	Other forms of teaching: 4	
Teaching method Active participation of students in teaching, who are pre-prepared for theoretical parts and active modeling in practical lectures.			
Knowledge assessment (maximum score 100)			
Exam prerequisites	points	Final examination	points
Class Activities	7	Written examination	
Practical instruction	8	Practical examination	
Preliminary exam / Colloquium	10	Oral examination	30
Seminar papers	10	

