

Study program / study programs: Recreation				
Type and level of studies: Basic vocational studies				
Course title: THEORY OF PHYSICAL CULTURE				
Lecturer or lecturers (for lectures): Božo B. Bokan				
Lecturer / Associate (for practice): Miloš M. Marković				
Course status: Obligatory				
ECTS: 4				
Condition: None				
<p>Course objectives: It is reflected in encouraging the spiritual effort of the students to consider the very foundation of the profession they opted for and in encouraging the effort for its further development and (re)consideration. To achieve the aim of THEORY OF PHYSICAL CULTURE the student needs to get acquainted with:</p> <ul style="list-style-type: none"> - The most general theoretical, scientific and expert knowledge on physical culture as a specific social activity, - The spiritual creations that emerged as the result of research and generalization of physical activity as man's anthropological reality, - The structure of physical culture that represents an arranged set of conclusions on physical culture as a purposeful human activity, comprised by its basic entities: physical education, sport and recreation. 				
<p>Course outcome: Student needs to know: the terminology of physical culture; the structure of physical culture; the essence of basic entities in physical culture Student is trained for expert-theoretical communication in the active sphere of physical culture.</p>				
<p>Contents description <i>Theory teaching:</i> The course is structured into six units:</p> <ul style="list-style-type: none"> - 1. INTRODUCTION - 2. RECOGNITION - 3. UNDERSTANDING - 4. EVALUATION - 5. STUDY - 6. MANAGEMENT <p><i>Practical classes:</i> As part of group work, seminar practice is organized for each class, in which students are introduced into the way of filling in the practicum.</p>				
<p>References Matić, M. i Bokan, B. (2005). Opšta teorija fizičke kulture, Beograd: Fakultet sporta i fizičkog vaspitanja. [Main textbook] Matić, M. i Bokan, B. (2012). Stručne fusnote (Praktikum Teorije fizičke kulture). Beograd: Fakultet sporta i fizičkog vaspitanja [Auxiliary textbook]</p>				
No. of active classes				Other classes:
Lectures: 3	Practical classes:	Other forms of teaching:	Study research work:	
<p>Teaching method</p> <ul style="list-style-type: none"> - Frontal teaching (theoretical lectures), - Group work (seminar practical classes), - Individual work (independent filling in of the practicum) 				
Knowledge assessment (maximum score 100)				
Exam prerequisites	points	Final examination	points	
Class Activities	15	Written examination		
Practical instruction		Practical examination		
Preliminary exam / Colloquium		Oral examination	50	
Seminar papers /Practicum	40			