Study program / study programs: Recreation

Type and level of studies: Basic professional studies

Course title: THEORY OF SPORT

Lecturer (for lectures): Stefanović D. Đordje,

Course status: Obligatory

**ECTS**: 4

Condition: no

## Course objectives:

The student should get acquainted with the phenomenon of sport by studying various aspects, as the basis for the integration of knowledge, theories and methods of scientific disciplines that contribute to the development of theory and practice of sports.

#### **Course outcome:**

The expected outcome of the course is that the student achieves the whole knowledge through reflection and examination, acquires and develops the ability to understand and knows to analyze the phenomenon / problem, critically discusses and finds a solution that will apply in sports theory and practice. The desired outcome of the course is to enable the student to independently innovate (create) in the field of theory and practice of sports.

### **Contents description:**

Theory teaching

Introduction; Philosophy of Sport; Science of Sport; Theory and practice of sports

#### **References:**

Stefanović, Đ. (2008). Philosophy, Science, Theory and Practice of Sport (Basic Textbook). Belgrade: Faculty of Sport and Physical Education.

Stefanović, Đ. (2008). Theory of sports - practicum. Belgrade: Faculty of Sport and Physical Education. Stefanović, Đ. (2006). Theory and practice of sports training. Belgrade: Faculty of Sport and Physical Education.

Number of acti	Other classes:			
Lectures:	Practical classes: 0	Other forms of teaching:	Study research work:	

# **Teaching method**

Theoretical lectures; practical lectures

Knowledge assessment (maximum score 100)				
Exam prerequisites	points	Final examination	points	
Class Activities	10	Written examination		
Practical instruction		Practical examination		
Preliminary exam / Colloquium		Oral examination	50	
Seminar papers / Practicum	40			