

Study program: Recreation				
Type and level of studies: Basic academic studies				
Course title: DANCES				
Lecturer or lecturers (for lectures): Jocić J. Dragan				
Lecturer / Associate (for practice): Mandarić D. Sanja				
Course status: Obligatory				
ECTS: 4				
Condition: None				
Course objectives: To introduce students to the content of dances in school physical education, sports and recreation in working with all ages.				
Course outcome: The student is expected to be able to demonstrate and master theoretical and motor skills and knowledge (basic forms of movement and elements of dance technique, selected national, social and children dances, basic settings of dance choreography) needed in realization of program contents of dances in educational process at all levels, working with groups of different ages and sex in the field of recreation and sports. To use all the benefits of dance content in the process of training and relaxing athletes.				
Contents description: <i>Theory teaching:</i> Theoretical teaching refers to different types of dances (folk, social, contemporary, sports, popular types of dances) and basic elements of dancing techniques that are part of the school curriculum (primary and secondary schools). Theoretical content consists of basic concepts and definitions, terminology, historical development of dances in the world and in our country, the laws of dance movement (space, time, dynamics), connection and touch points with other sports, cultural and artistic areas. Place and organization of dance contents in the function of sports training. <i>Practical classes:</i> Practical knowledge is based on the introduction and learning of dance motors (technique and basic laws of movement of certain types of dances), dance dynamics (space, time, energy, individual, couple, group), the adoption of methodical and didactic processes at different levels of learning and training; especially on individual creative work in various types of dances. It is doing the study of learning methodology: basic elements of dance technique; connecting (spatial-time) dance elements as a whole; expressing creativity and creativity through the composition of smaller movements, dance compositions and blocks that make certain aerobic choreography, with the aim of achieving the necessary effects in sports training.				
References: 1. Jocić, D. (1995, 2003). Plesovi (Dances). SIA. Belgrade. 2. Mandarić, S (2011). Praktikum 2 – teorija I metodika plesova (Practicum 2 - Dance Theory and Methodology), FSFV. Belgrade. Additional: Barteck, O. (1998). All around Fitness				
Number of active classes				Other classes: 2
Lectures: 1	Exercises/ Practical classes: 3	Other forms of teaching:	Study research work:	
Teaching method Lectures, seminars, individual tasks; for learning is used consultative-seminar work; realization of the program is real arises through theoretical and practical lectures (workshops); Methods for acquiring knowledge, skills and habits: method of demonstration-demonstration, method of oral exposure, method of conversation (dialog method); in the work, depending on the current content, combines group and form of work, work with types, work in pairs and individual work.				
Knowledge assessment (maximum score 100)				
Exam prerequisites	points	Final examination	points	
Class Activities	10	Written examination		
Practical instruction	10	Practical examination	10	
Preliminary exam / Colloquium	20	Oral examination	30	
Seminar papers /Practicum	20			

