

Study program / study programs: Recreation			
Type and level of studies: Basic professional studies			
<b>Course title:</b> Theory and Practice of Recreation 2 (Continued)			
<b>Lecturer or lecturers (for lectures):</b> Mitić R. Dušan, Stojiljković R. Stanimir, Prebeg Ž, Goran			
<b>Lecturer / Associate (for practice):</b> Mitić R. Dušan, Stojiljković R. Stanimir, Prebeg Ž, Goran			
Course status: Obligatory			
<b>ECTS:</b> 5			
Condition: The subject of the theory and practice of recreation 1			
<b>Course objectives:</b> is to familiarize students with the need to realize recreational programs in contemporary living and working conditions, to study the forms of recreation of pupils, students, disabled people, pensioners and citizens in the countryside. Through theoretical and practical teaching, field games and activities and possibilities of using cardiorespiratory and isotonic trainers are examined.			
<b>Course outcome</b> The student is able to overcome the problems of students, students, pensioners, disabled people, etc .; to know the basic modalities of the recreation program for different age categories of citizens; to be trained to conduct propaganda-promotional exercise of health training; to be able to create a program of work for cardiorespiratory and isotonic trainers; to learn the limits of hunting, fishing and hiking as recreational content..			
<b>Theoretical instruction:</b> <i>Recreation of students, recreation of students, recreation in the village, recreation of disabled persons, recreation of pensioners, hunting - fishing as recreation, hiking as recreation, field games and activities, cardiorespiratory trainers, isotonic trainers,.</i>			
<b>Practical classes:</b> <i>Cardiorespiratory trainers, isotonic trainers, hunting - fishing as recreation, hiking as recreation, field games and activities. Teaching practice: school in nature, Aerobic hepening and Winter camp program. Seminar paper: Applied Games.</i>			
<b>References:</b>			
1. Mitić D: REKREACIJA, udžbenik na Fakultetu sporta i fizičkog vaspitanja u Beogradu, Beograd 2001			
2. Stojiljković, Stanimir, Mitić Dušan., Mandarć, Sanja, Nešić, Dejan. PERSONALNI FITNES, Fakultet sporta i fizičkog vaspitanja Univerziteta u Beogradu, 2012. CIP 796.015132(075.8), ISBN 978-86-80255-91-0(FSFV), COBISS.SR-ID 194672652			
3. ĆURČIĆ, Vojislav, BANIĆEVIĆ, Miloš, ZDRAVKOVIĆ, Dragan, MITIĆ, Dušan. Медицински правилник. Златибор: Специјална болница за болести штитасте жлезде и болести метаболизма, 2008. 83 стр., илустр. ISBN 978-86-7558-598-5. [COBISS.SR-ID 150225164]			
4. ŠEVKUŠIĆ, Jelena, MITIĆ, Dušan. Uticaj letnjeg programa "Čigotica" na decu uzrasta 12 godina. У: STOJILJKOVIĆ, Stanimir (ur.). Зборник радова. Београд: Факултет спорта и физичког васпитања, 2011, стр. 340-344. [COBISS.SR-ID 513118636]			
<b>No. of active classes</b>			Other classes:
Lectures: 1	Exercises/ Practical classes:3	Other forms of teaching: 4	
<b>Teaching method</b> Active participation of students in teaching, who are pre-prepared for theoretical parts and active modeling in practical lectures.			
<b>Knowledge assessment (maximum score 100)</b>			
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>	<b>points</b>
Class Activities	8	Written examination	
Practical instruction	7	Practical examination	
Preliminary exam / Colloquium	10	Oral examination	
Seminar papers	10	.....	

