

Study program / study programs: Recreation			
Type and level of studies: Basic professional studies			
Course title: JUDO			
Lecturer or lecturers (for lectures): Kasum D. Goran			
Lecturer / Associate (for practice): Kasum D. Goran, Mudric R. Milos			
Course status: Elective			
ECTS: 4			
Condition: added the fourth semester			
Course title: Theoretical and methodological education in judo; practically master basic by standard techniques; developing a positive attitude toward judo by emphasizing educational and practical educational value of judo.			
Course outcome: Absolving subject judo students gain knowledge of the history, rules and judo organizations, as well as the ability to demonstrate the basic techniques of judo. The most successful students acquire the methodical competence to organize the learning of basic techniques and the use of specific exercises and training methods of judo in the other sports.			
Contents description			
Theory teaching: The course is divided into three thematic sections: <ul style="list-style-type: none"> • history • technique and methodology • competition rules Practical classes: <ul style="list-style-type: none"> • Learning the basic techniques of judo • Monitoring the competition, training and preparation of top athletes and team • Monitoring seminars and thematic lectures 			
References			
1. Ćirković, Z., Jovanović, S. i Kasum, G. (2010). Borenje. Beograd: Univerzitet u Beogradu, Fakultet sporta i fizičkog vaspitanja. (serbian language) 2. Ćirković, Z. (2006). Teorija borenja. Beograd: Univerzitet u Beogradu, Fakultet sporta i fizičkog vaspitanja. (serbian language)			
No. of active classes			Other classes:
Lectures: 1	Practical classes: 2	Other forms of teaching:	Study research work:
Teaching method			
Theoretical lectures; practical lectures			
Theoretical lectures, practical classes, exercises, training and monitoring of competition in martial arts, the realization of individual methodical units by students.			
Knowledge assessment (maximum score 100)			
Exam prerequisites	points	Final examination	points
Activity on classes	5	Practical exam	30
Practical classes	5	Oral exam	
Colloquium	60	
Seminar			