Study program: Recreation

Type and level of studies: Basic professional studies

ECTS: 3

Condition: All exams were passed, ie 177 ESPB points were achieved

# Final paper objectives:

The main objective of the final paper is to check the level of adoption and the practical applicability of the knowledge acquired during the course of the studies. The paper should show the sublimation of acquired knowledge directed at one or more aspects of sports activity. Other goals are: closer to acquainting students with problems that arise in certain aspects of sports practice and ways of solving them; further improvement of students' abilities in finding and using wider professional literature; developing the ability to write correct professional papers; stimulating students to write and publish professional papers in the future.

## **Expected outcomes**

Student, who defended his final paper, examined the area (s) from which the subject matter is. He is able to independently organize, demonstrate and carry out activities related to his work in practice. He has gained valuable experience within his work that will have a positive transfer to other areas in sports practice.

## **General facilities**

The final paper represents the professional work of the student, which refers to the field of physical education, sports and recreation. The paper of the student is in writing, which must be a coherent unit from which clearly identifies the problem preceded by Introduction and Theoretical Approach to Work. The conclusions of the paper must arise from the elaboration of the problems and the results obtained, while the literature review must be in accordance with the applicable methodological criteria

#### **Methods of execution**

Theoretical-empirical, descriptive, analytical and synthetic method of logical conclusion.

#### Knowledge assessment (maximum score 100)