

Study program / study programs: Recreation				
Type and level of studies: Basic professional studies				
<b>Course title: RHYTHMIC GYMNASTICS</b>				
<b>Lecturer or lecturers (for lectures): Lidija T. Moskovljević</b>				
<b>Lecturer / Associate (for practice): Lidija T. Moskovljević, Slobodanka M. Dobrijević</b>				
Course status: Elective				
<b>ECTS: 4</b>				
Condition: -				
<b>Course objectives:</b> To present an adequate level of knowledge as well as the skills in the field of RG to students, through theoretical and practical classes, in order to successfully implement enriched acquired knowledge in a form of recreational training with different age groups.				
<b>Course outcome:</b> The students is able to explain, demonstrate and properly pass the acquired knowledge and skills on to recreational target groups of all ages.				
<b>Contents description:</b> <i>Theoretical instruction</i> Cours idea and content. Literature. The development of RG as tool of education. The development of RG as a branch of sport. Classification and basic exercises technique in RG – exercises without apparatus and with apparatus (rope, hoop, ball). Terminology in RG. Teaching methods in RG - exercises without apparatus and with apparatus. Basic principles of individual and group composition.  <i>Practical classes:</i> The execution technique and teaching methods of exercises without apparatus. The execution technique and teaching methods of exercises with apparatus (rope, hoop, ball). Practical application of individual work on connecting body elements technique and apparatus elements technique into short and long exercises.				
<b>References:</b> Radisavljević, L. (1992). Rhythmic-sports gymnastics. Faculty of physical culture, Belgrade. Radisavljević, L. (1995). Rhythmic-sports gymnastics in scholl. Faculty of physical culture, Belgrade. Radisavljević, L. and Moskovljević, L. (2011). Basics of rhythmic, in: B. Jevtić, J. Radojević, I. Juhas and R. Ropret. Children's sport-from practical to academic fields, 395-409, Faculty of sport and physical education, Belgrade.				
<b>No. of active classes</b>				Other classes:
Lectures: 1	Exercises/ Practical classes: 2	Other forms of teaching:	Study research work:	
<b>Teaching method</b> Theoretical and practical classes, essays, consultations, colloquiums.				
<b>Knowledge assessment (maximum score 100)</b>				
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>	<b>points</b>	
Class Activities	15	Written examination	15	
Practical instruction		Practical examination	25	
Preliminary exam / Colloquium	30	Oral examination		
Seminar papers	15	.....		

