

Study program / study programs: Sport				
Type and level of studies: Basic professional studies				
<b>Course title:</b> PSYCHOLOGY				
<b>Lecturer or lecturers</b> (for lectures): associate prof. Ana Orlić, Ph.D				
<b>Lecturer / Associate</b> (for practice): associate prof. Ana Orlić, Ph.D				
Course status: Obligatory				
<b>ECTS:</b> 5				
Condition:				
<b>Course objectives:</b> To enable students to acquire knowledge about basic psychological characteristics and processes, to acquire knowledge about research methods in psychology, and to understand importance and possibilities of applying this knowledge in the field of sport and recreation.				
<b>Course outcome:</b> 1. Students will know and understand basic concepts about psychological characteristics and processes. 2. Students will know basic research methods and techniques in psychology, as well as ethical standards in psychology. 3. Students will understand importance and possibilities of applying psychological knowledges in the field of sport and recreation.				
<b>Contents description:</b> <i>Theoretical instruction</i> <b>I Introduction to Psychology:</b> scope and topics of Psychology, research methods in Psychology, neuro-physiological basis of psychological characteristics and processes; psychological development through lifespan. <b>II Basic psychological processes:</b> perception, attention, learning, memory and forgetting, thinking and intelligence, emotions, motivation. <b>III Personality:</b> theories of personality, personality traits, self-concept, factors influencing personality development. <b>IV Personality and social context:</b> social perception, attitudes and prejudices, values, group processes. <b>V Mental health:</b> basic concepts, principles of prevention and treatment of mental health problems. <i>Practical classes:</i> Practical classes represent the elaboration of key contents from theoretical instruction aimed at enabling students to understand the possibilities of application psychological knowledge in direct work with individuals in the field of sport and recreation.				
<b>References:</b> Pot, H. (2010). <i>Општа психологија (General psychology)</i> . Београд: Завод за уџбенике.				
<b>No. of active classes</b>				Other classes:
Lectures: 3 per week	Exercises/ Practical classes: 1 per week	Other forms of teaching:	Study research work:	
<b>Teaching method</b> Theoretical lectures with video presentations; Practical lectures: interactive instruction, workshops.				
<b>Knowledge assessment (maximum score 100)</b>				
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>	<b>points</b>	
Class Activities	20	Written examination	30	
Practical instruction	20	Practical examination		
Preliminary exam / Colloquium	30	Oral examination		
Seminar papers		.....		