Study program / study programs: Sport

Type and level of studies: Basic professional studies

Course title: THEORY AND PRACTICE OF SPORTS BRANCH 1 (has a continuation)

Lecturer or lecturers (for lectures): Stefanović Lj. Djordje, Jevtić N. Branislav, Jocić J. Dragan, Ćirković M. Zoran, Karalejić S. Milivoje, Jakovljević T. Saša, Nešić P. Goran, Janković R. Aleksandar, Gardašević Đ. Branko

Lecturer / Associate (for practice): Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M. Milan, Bratuša F. Zoran, Leontijevic J. Bojan, Valdevit J. Zoran, Ranisavljev M. Igor

Course status: Obligatory

ECTS: 5

Condition: No

Course objectives:

The aim of the course is to provide students with the necessary knowledge of the history of the sports, to understand the current state and possible future conditions of the sports branch; rules of the sports branch and their historical development; specification of success in sports branch; basic techniques and tactics with methodic.

Course outcome:

Each student has acquired knowledge from the theory of sports branch (history, specification success), the rules of the sports branch, the basis of technique and tactics with the methodology. The student is able to demonstrate the basic elements of technique and tactics, organizes and implements basic training technique and tactics at all levels of training (from beginners to professionals). In addition, the best student is able to demonstrate and train variants of basic techniques and tactics.

Contents description

Theory teaching:

History of sports branch; Rules of the sports branch; Specification of success in sports branch; Basic technique and tactics of sports branch with methodic.

Practical classes:

Basic technique and tactics with methodic; Rules and Trial

References:

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, Đ., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skiing). Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Volleyball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, Đ. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate),: FFK, Belgrade; Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade.. Other classes.

No.	of	active	classe

110. Of active classe	Ouler clusses.					
Lectures:	Practical classes:	Other forms of teaching:	Study research work:	4		
2	2					
Teaching method						
Theoretical lectures; practical lectures; pedagogical practice						
Knowledge assessment (maximum score 100)						
Exam prerequisites		points	Final examination	points		
Class Activities		5	Written examination			
Practical instruction		5	Practical examination			
Preliminary exam / Colloquium		10	Oral examination	70		
Seminar papers		10				