Study program / study programs: Sport

Type and level of studies: Basic professional studies

Course title: THEORY AND PRACTICE OF SPORTS BRANCH 1 (continuation)

Lecturer or lecturers (for lectures): Stefanović Lj. Djordje, Jevtić N. Branislav, Jocić J. Dragan, Ćirković M. Zoran, Karalejić S. Milivoje, Jakovljević T. Saša, Nešić P. Goran, Janković R. Aleksandar, Gardašević Đ. Branko

Lecturer / Associate (for practice): Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M. Milan, Bratuša F.

Zoran, Leontijevic J. Bojan, Valdevit J. Zoran, Ranisavljev M. Igor

Course status: Obligatory

ECTS: 5
Condition: No

Course objectives:

The objective of the course is to provide students with the necessary knowledge of: basic techniques and tactics with methodic.

Course outcome

Each student has acquired knowledge from the theory of sports branch (history, specification success), the rules of the sports branch, the basis of technique and tactics with the methodology. The student is able to demonstrate the basic elements of technique and tactics, organizes and implements basic training technique and tactics at all levels of training (from beginners to professionals). In addition, the best student is able to demonstrate and train variants of basic techniques and tactics.

Contents description

Theory teaching:

Basic technique and tactics of sports branch with methodic.

Practical classes:

Basic technique and tactics with methodic

References:

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, D., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skiing). Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Volleyball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, D. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate),: FFK, Belgrade; Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade.

No. of active classes				Other classes:
Lectures:	Practical classes:	Other forms of teaching:	Study research work:	4
2	2			

Teaching method

Theoretical lectures; practical lectures; pedagogical practice

Knowledge assessment (maximum score 100)
Adding the points transferred from the first semester

Exam prerequisites points **Final examination** points **Class Activities** 5 Written examination 10 Practical instruction Practical examination 10 Preliminary exam / Colloquium 10 Oral examination 35 Seminar papers 10