Study program / study programs: Sport

Type and level of studies: Basic professional studies

Course title: THEORY AND PRACTICE OF SPORTS BRANCH 2 (has a continuation)

Lecturer or lecturers (for lectures): Stefanović Lj. Djordje, Jevtić N. Branislav, Jocić J. Dragan, Ćirković M. Zoran, Karalejić S. Milivoje, Jakovljević T. Saša, Nešić P. Goran, Janković R. Aleksandar, Gardašević Đ. Branko

Lecturer / Associate (for practice): Grbović V. Miljan, Mudrić R. Miloš, Marković M. Miloš, Sikimić M. Milan, Bratuša F.

Zoran, Leontijevic J. Bojan, Valdevit J. Zoran, Ranisavljev M. Igor

Course status: Obligatory

ECTS: 6

Condition: Listened subject Theory and practice of sports branch 1

Course objectives:

The objective of the course is to acquire knowledge about: testing and measuring in sports branch, selection, training of young athletes, basics of technical-tactical preparation.

Course outcome:

Each student is trained for: testing and measuring in sports branch, selection, training of young athletes, the basis of technical - tactical preparation. He is able to apply knowledge from these areas in practice. It means to: carry out testing and measuring, selection and training of young athletes, basic technical-tactical preparation. In addition, the best student is able to work in these areas with youth athletes and seniors of lower quality levels.

Contents description

Theory teaching:

Testing and measuring in the sports branch, Selection, Training of young athletes, Basics of technical - tactical preparation.

Practical classes:

Technical-tactical preparation; Testing and measuring in the sports branch; Training of young athletes

References:

Karalejić, M., Jakovljević, S. (2008): Teorija i metodika košarke (Theory and Methods of Basketball.) Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Fudbal: Istorija-teorija-metodika (Football - History-Theory-Methodology). Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Teorija im metodika sportske gimnastike – drugi deo (Theory and Methods of Sports Gymnastics - Part 2). Belgrade: FSFV; Stefanović, D., Juhas, i., Jankovic, N. (2008). Teorija i metodika atletike (Theory and Methodology of Track and Fields). Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Borenja (Martial arts). Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtualno alpsko skijanje (Virtual Alpine skijanje, Belgrade: FSFV; Stojanovic, T. Kostić, P. and Nešić, G. (2010). Odbojka – tehnika i taktika (Volleyball - technique and tactics.) Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sportska gimnastika 1 i 2 (Sports Gymnastics 1 and 2). Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Odbojka (Volleyball). Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Uvod u sportsko plivanje, skripta (Introduction to sports swimming, script); Tomljanović, V., Malić, Z. (1982): Rukomet –teroija I praksa (Handball - theory and practice), "Sportska tribina", Zagreb; Radisaljević, L. (1992): Ritmičko – sportska gimnastika (Rhythmic-sport gymnastics), FFK, Belgrade; Ilić B. (1988): Smučanje (Skiing). NIPRO Partizan, Belgrade; Stefanović, D. (2006). Teorija I praksa sportskog treninga (Theory and practice of sports training). Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Borenja boks – karate (Fighting boxing – karate),: FFK, Belgrade; Popović, S. (1985): Tajne džudoa (Secret judo), Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Rvanje grčko-rimskim stilom (Wrestling in the Greek-Roman style), Judo magazine, Belgrade; Mitrović, D. (2003): Veslanje, skripta (Rowing, script), FSFV, Belgrade.

No. of active classes				Other classes:
Lectures:	Practical classes:	Other forms of teaching:	Study research work:	8
	3			

Teaching method

Theoretical lectures; practical lectures

Knowledge assessment (maximum score 100) Points are transferred to the third semester

Exam prerequisites	points	Final examination	points
Class Activities	5	Written examination	
Practical instruction	5	Practical examination	
Preliminary exam / Colloquium	10	Oral examination	
Seminar papers			