

Study program / study programs: Sport				
Type and level of studies: Basic professional studies				
<b>Course title:</b> KARATE				
<b>Lecturer or lecturers</b> (for lectures): Jovanovic M. Srecko, , Mudric R. Milos				
<b>Lecturer / Associate</b> (for practice): Mudric R. Milos				
Course status: Elective				
<b>ECTS:</b> 4				
Condition: added the third semester				
<b>Course title:</b> Theoretical and methodological education in karate; practically master basic by standard techniques; developing a positive attitude toward karate by emphasizing educational and practical educational value of karate.				
<b>Course outcome:</b> Absolving subject Karate students gain knowledge of the history, rules and karate organizations, as well as the ability to demonstrate the basic techniques of karate. The most successful students acquire the methodical competence to organize the learning of basic techniques and the use of specific exercises and training methods of karate in the other sports.				
<b>Contents description</b>				
Theory teaching: The course is divided into three thematic sections: <ul style="list-style-type: none"> <li>• history</li> <li>• technique and methodology</li> <li>• competition rules</li> </ul> Practical classes: <ul style="list-style-type: none"> <li>• Learning the basic techniques of karate</li> <li>• Monitoring the competition, training and preparation of top athletes and team</li> <li>• Monitoring seminars and thematic lectures</li> </ul>				
<b>References</b>				
Cirkovic, Z., Jovanovic, S. and Kasum, G. (2010). Borenja (Martial arts). Beograd: Univerzitet u Beogradu, Fakultet sporta i fizickog vaspitanja.				
Jovanovic, S. (1992). Karate 1. Novi Sad: Sports World.				
Cirkovic, Z., Jovanovic, S. (2002). Borenja boks – karate (Martial arts - boxing and karate). Beograd: Univerzitet u Beogradu, Fakultet sporta i fizickog vaspitanja. (				
<b>No. of active classes</b>				Other classes:
Lectures: 1	Practical classes: 2	Other forms of teaching:	Study research work:	
<b>Teaching method</b>				
Theoretical lectures; practical lectures				
Theoretical lectures, practical classes, exercises, training and monitoring of competition in martial arts, the realization of individual methodical units by students.				
<b>Knowledge assessment (maximum score 100)</b>				
<b>Exam prerequisites</b>	<b>points</b>	<b>Final examination</b>		<b>points</b>
Activity on classes	5	Practical exam		30
Practical classes	5	Oral exam		
Colloquium	60	.....		
Seminar				