Study programme / study programmes: Sport

Type and level of studies: Basic Professional Studies

Course title: TABLE TENNIS

**Lecturer or lecturers (**for lectures): Goran D. Kasum **Lecturer / Associate (**for practice): Goran D. Kasum

Course status: Elective

ECTS: 4

Condition: -

#### **Course objectives:**

Students get familiar with the basic characteristics of table tennis: appearance, development and current situation in this sport; rules of the game; the structure and contents of table tennis; way of training and type of competition.

### **Course outcome:**

Each student is able to transfer theoretical and practical knowledge of table tennis. The student is able to demonstrate simple elements of the game, knows the basic rules of the game, knows basic activities and contents, as well as the principles of the training process in table tennis. He/she is capable to apply specific content table tennis in other sports branches and sports recreation. In addition, the best of the student is able to demonstrate variants of basic techniques

## **Contents description:**

*Theoretical instruction:* 

History of table tennis; Regulations; Basic technique and tactics of table tennis; Basics physical preparation in table tennis; Training and competition in table tennis

### Practical classes:

Basic technique and tactics; Physical preparation.

### **References:**

Grujić, A. (1975). Stoni tenis (Table Tennis). Belgrade: Alliance for Physical Culture.

Kocić, G. (2010). Technical - tactical characteristics of top tennis players in everything here. Master's thesis, University of Belgrade, FSFV.

No. of active cl	Other classes:			
Lectures:	Exercises/	Other forms of teaching:	Study research	
1	Practical classes:	_	work:	
	2			

# **Teaching method**

Theoretical lectures; practical lectures

Knowledge assessment (maximum score 100)

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Exam prerequisites	points	Final examination	points	
Class Activities	10	Written examination		
Practical instruction	15	Practical examination		
Preliminary exam / Colloquium	10	Oral examination	45	
Seminar papers	20			