

Study program / study programs: Sport			
Type and level of studies: Basic professional studies			
Course title: ARTISTIC GYMNASTICS			
Lecturer or lecturers (for lectures): Vukasinovic M. Vladan			
Lecturer / Associate (for practice): Grbovic V. Miljan; Dabovic R. Milinko; Kocic Z. Sonja			
Course status: Elective			
ECTS: 4			
Condition: Passed exams from the subject Anthropomotor and Biomechanics			
Course objectives: to introduce students to modern achievements and characteristics of artistic gymnastics as a professional sport; acquiring knowledge and skills about possibilities of applying content of gymnastics as a means of general preparation in the training in other sports.			
Course outcome: Student's ability for adequate and functional realization: <ul style="list-style-type: none"> - the basic program of artistic gymnastics – “general gymnastic” contents, applicable in all sports branches and activities; - specific content from artistic gymnastics, as content applicable to conditioning, supplementary contents in other sports disciplines; - characteristics that define artistic gymnastics as a basic sport. 			
Contents description: <i>Theoretical instruction:</i> Introduction and systematics, creation and development of artistic gymnastics, terminology, classification, technique, characteristic of exercise and gender discrimination; learning methodology; bio-psycho-social characteristics, motor abilities and skills and artistic gymnastics; Artistic gymnastics and Physical education (exercise on the apparatus), Artistic gymnastics in other sports, Artistic gymnastics in the training of the youngest athletes, identification of talents, basics of training, competitions, sports hall and equipment (apparatus), rules. Research results. <i>Practical classes:</i> Exercises from acrobatics, vaults, as well on certain devices, exercises applicable in conditioned polygons, agility polygons, combination exercises.			
References: Petrovic, J. et al (1995): Sportska gimnastika 1 i 2 (Artistic gymnastics I and II), FSFV, book; Radojevic, J. (1991): Vežbe na spravama i tlu za učenice osnovne škole (Exercises on apparatus and floor for elementary school students), Nis “Partizan”.Radojevic, J., Vukasinovic, V., Grbovic, M., Dabovic, M. (2003): Vežbe na spravama – dodatak osnovnom udžbeniku, za unutrašnju upotrebu (Exercises on apparatus – supplement to basic textbook, for internal use), FSFV Belgrade; Practicum in Basic of Child Sport (2007) and Exercises on the apparatus (2007).			
No. of active classes			Other classes:
Lectures: 1	Exercises/ Practical classes: 2	Other forms of teaching:	
Teaching method Theoretical lectures; practical lectures			
Knowledge assessment (maximum score 100)			
Exam prerequisites	points	Final examination	points
Class Activities	5	Written examination	15
Practical instruction	15	Practical examination	35
Preliminary exam / Colloquium	25		
Seminar papers	5		

