Study program / study programs: Sport

Type and level of studies: Basic professional studies

Course title: HANDBALL

Lecturer or lecturers (for lectures): Zoran J. Valdevit

Lecturer / Associate (for practice): Zoran J. Valdevit, Milan S. Petronijević

Course status: Elective

ECTS: 4

Condition: none

Course objectives:

The objective of the subject is to introduce students to basic characteristics of Handball as a team sport, with its history, development and structure. The second objective is to familiarize students with basic rules of handball game, organization of competitions, as well as with the basic level of handball technique and tactics.

Course outcome:

To obtain competence to apply adopted basic theoretical and practical handball knowledge. The students will be able to: demonstrate practically basic knowledge on handball techniques and tactics, interpret basic handball rules, recognize basic handball tools that may be applied in other sport activities and fitness programs and other physical activities.

Contents description:

Theoretical instruction

History of handball; International rules of handball game; Basic handball techniques and tactics; Fitness in handball; Different forms of handball (Mini handball); Handball competitions and training system

Practical classes:

Basic handball techniques and tactics; Fitness in handball; Different forms of handball (Mini handball) **References:**

1. Gardašević, B. (2012): razvoj rukometa u Srbiji (Development of handball in Serbia), FSFV, Belgrade.

2. Valdevit, Z., Petronijević, M. (2016): Praktikum rukometa (Practicum of handball,) FSFV, Beograd.

Other alsones

3. Tomljanović, V., Malić, Z. (1982): Rukomet – teorija I praksa (Handball - theory and practice),

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"Sportska tribina", Zagreb

No. of active classes

Seminar papers

No. of active c	lasses				Other classes:	
Lectures:	Exercises/	Other forms of teaching:		Study research		
1	Practical classes:			work:		
	2					
Teaching method						
Theoretical lec	tures; practical lectures					
	Knowle	edge assessment ((maximum s	core 100)		
Exam prerequisites		points	Final ex	Final examination		
Class Activities		10	Written	Written examination		
Practical instruction		15	Practica	Practical examination		
Preliminary exam / Colloquium		20	Oral exa	Oral examination 45		

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