

<b>Name of the course:</b> PSYCHOLOGICAL AND SOCIOLOGICAL RESEARCH IN SPORTS AND PHYSICAL EXERCISE		
<b>Teacher(s):</b> Ana Orlic, Sandra Radenovic		
<b>Course status:</b> elective		
<b>Number of ECTS points:</b> 10		
<b>Requirement:</b> none		
<b>Course objective</b> The aim of the course is to inform students with the basic areas and problems of psychological and sociological research in sports and physical exercise, to understand and master the scientific and methodological procedures used in the research process, to gain a critical approach to psychological and sociological research in sports and physical exercise and to prepare for independent research work.		
<b>Outcome of the course</b> It is expected that students will be able to understand and utilize relevant theoretical knowledge and research methods and utilize it in psychological and sociological research of sports and physical exercise, to critically review the relevant literature, to independently set the problem and goal of research, choose methodological procedures and procedures for analysis and interpretation of the obtained data.		
<b>Course content</b> The most important research problems in the psychology of sports and physical exercise: motivational processes, individual differences (personality and abilities), anxiety and level of activation as performance factors, social processes in sports and exercise, mental skills, developmental aspects of sports and exercise during the life cycle, psychological consequences participation in sports and exercising. The most important research problems in the sociology of sports: elements of sports events and social interaction, manifest and latent functions of sports and physical exercise, social dimensions of sports and physical exercise, types and importance of sports audience as elements of sports events. Methodological approaches in psychological and sociological research in sports and physical exercise: experimental and non-experimental methods, observation, self-reporting methods (questionnaire and interview), case studies, biographical method, discourse analysis. Ethical aspects of research.		
<b>Recommended literature</b> Liukkonen, J., Auweele, Y. V., Vereijken, B., Alfermann, D. & Theodorakis, Y. (2007). <i>Psychology for Physical Educators: Student in Focus</i> . Champaign, IL: Human Kinetics. Tenenbaum, G. & Eklund, R.C. (2007). <i>Handbook of sport psychology</i> . New Jersey: John Wiley & Sons, Inc. Weinberg, R. & Gould, D. (2011). <i>Foundations of Sport and Exercise Psychology, 5h Ed.</i> Ch., Il: Human Kinetics. Delaney, T. & Madigan, T. (2014). <i>The Sociology of Sports: An Introduction</i> , Second Edition. North Carolina: McFarland & Company, Inc., Jefferson. Izrael, M. & Hej, I. (2012). <i>Research Ethics in Social Sciences</i> . Belgrade: Official Gazette. (In Serbian). Ilić, V. (2016). <i>Observing and Content Analysis</i> . Belgrade: Faculty of Philosophy, University of Belgrade. – Other literature adapted to the individual needs and interests of students.		
Number of classes of active teaching	Theoretical classes: 4	Practical teaching:
<b>Course delivery methods:</b> Lectures, discussions, seminar papers, presentations.		
<b>Knowledge assessment (maximum number of points 100)</b> Activity within the classes - 10, Homework – 20, Seminars – 20 Oral exam – 50		
Testing ways may vary: written exams, oral exam, project presentation, seminars, etc.		
* maximum length 1 A4 page		