

Organizaciona i programska osnova vančasovnih i vanškolskih aktivnosti u fizičkom vaspitanju

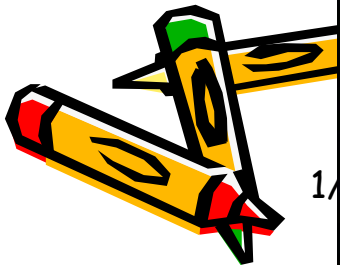
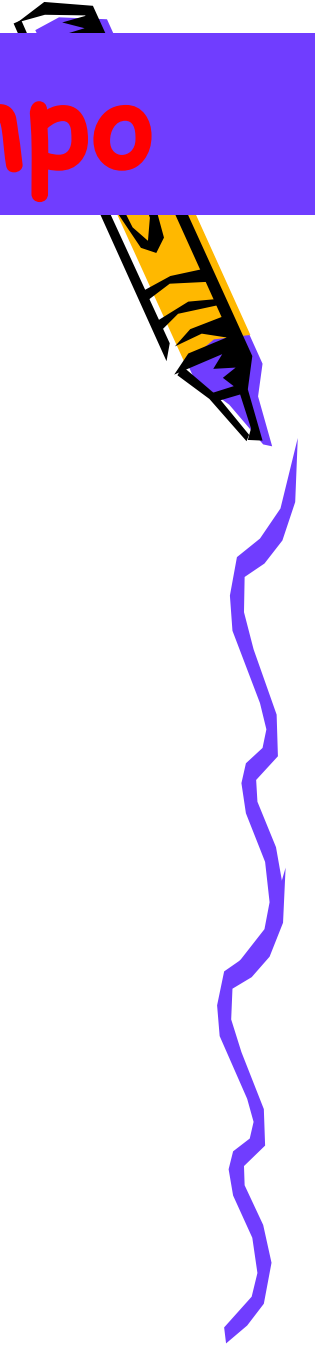


prof. dr Dušan Mitić

Tempo

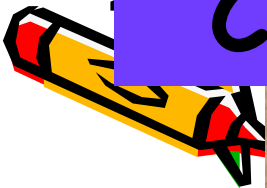


Tempo

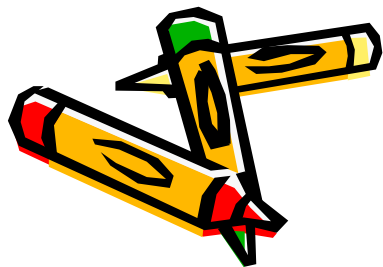
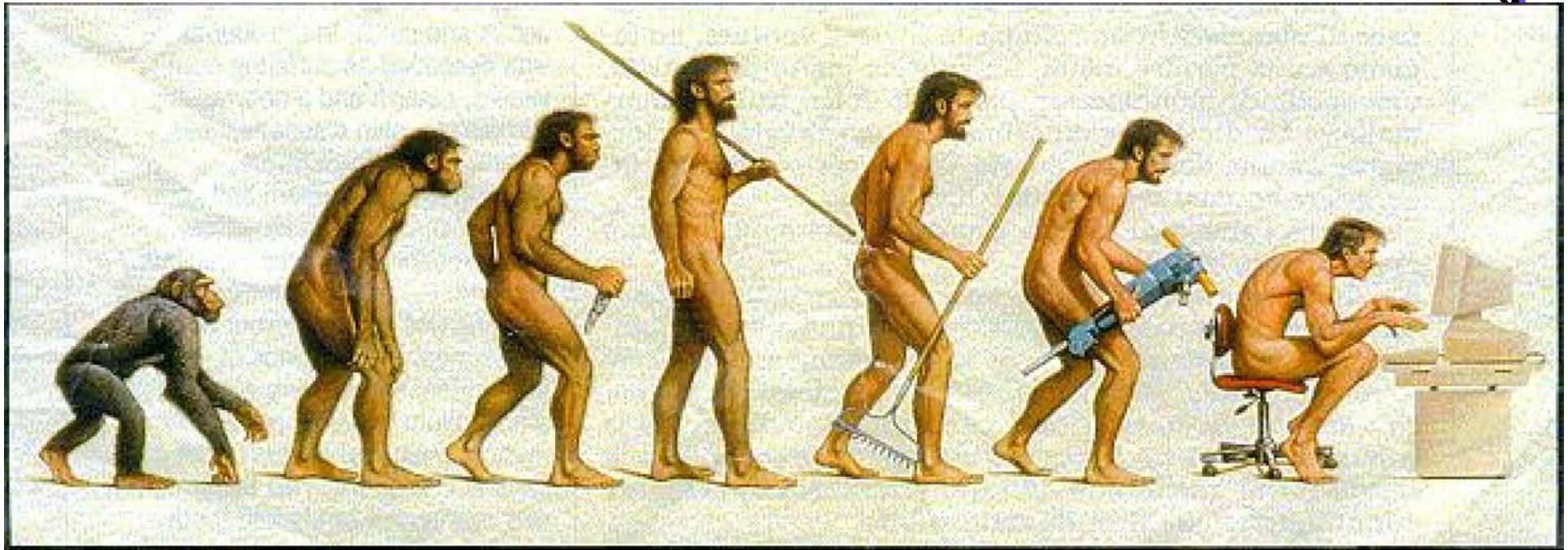


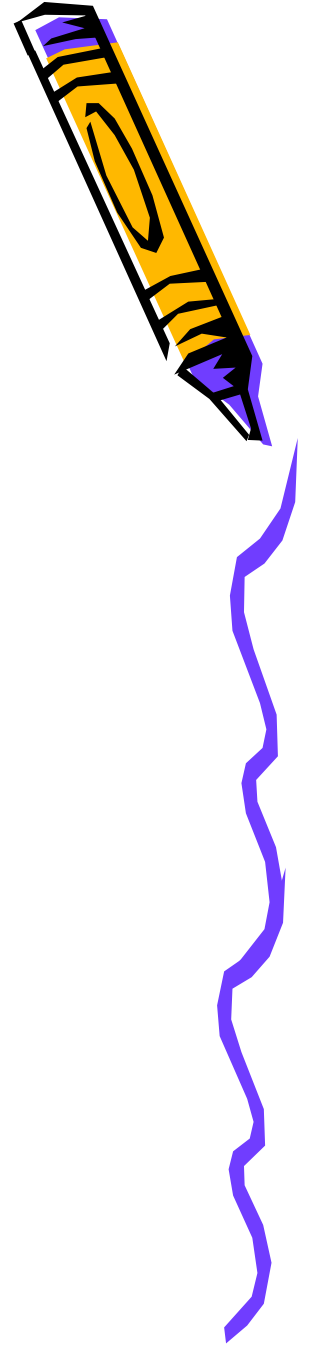


Communication - Administration

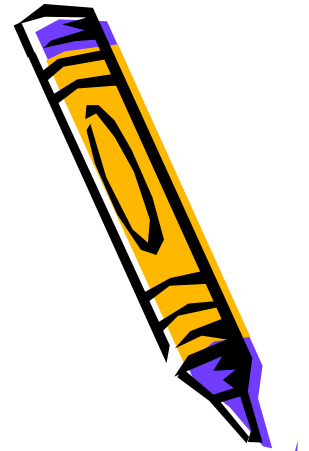


Progress?!?





Biznis



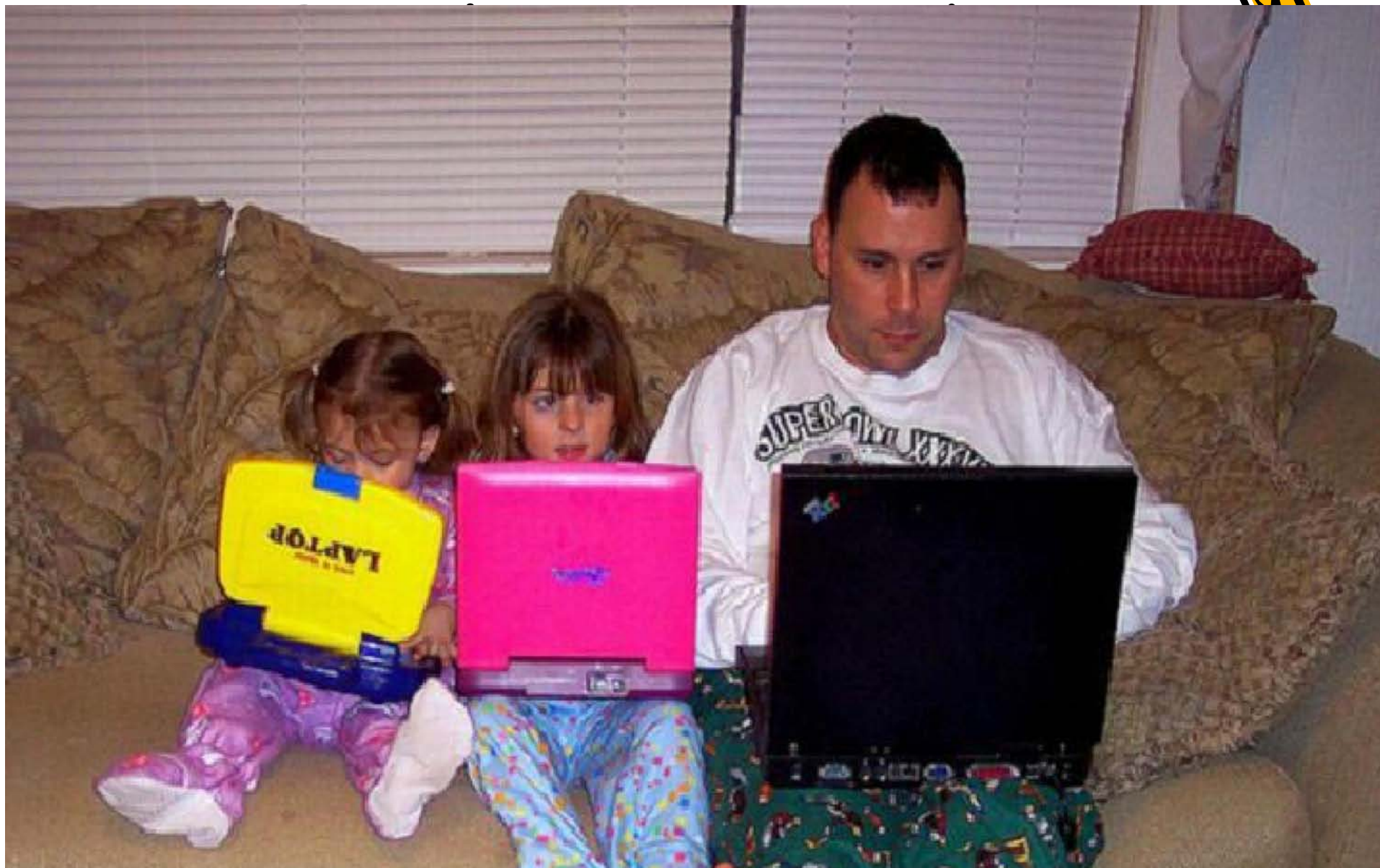
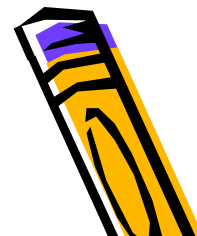
Obaveze



Zabava ???

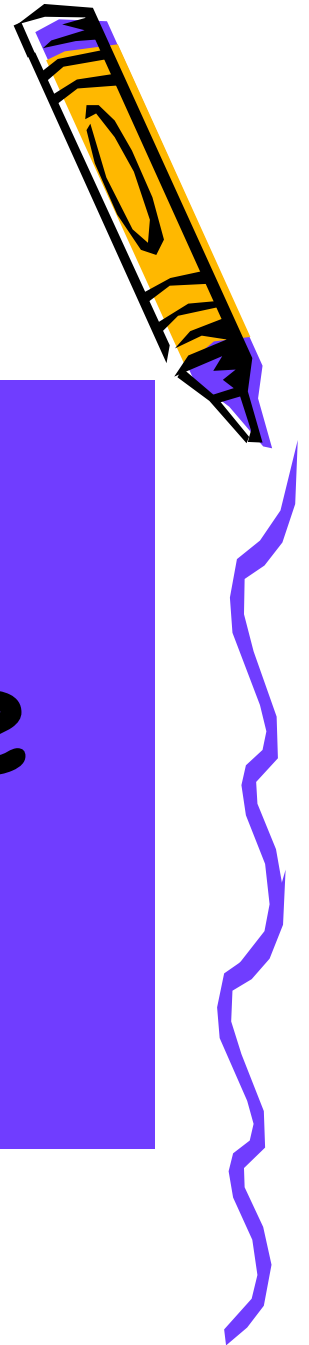


SaliJooN.info

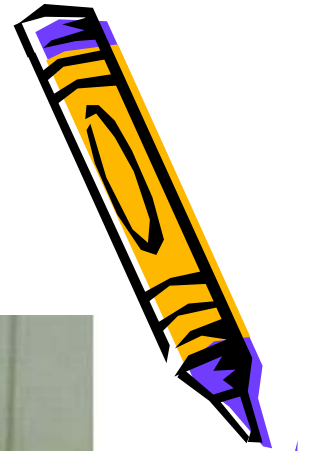


Gde je centralni
problem

Možda ispod kape



Oppression



Svest - navika



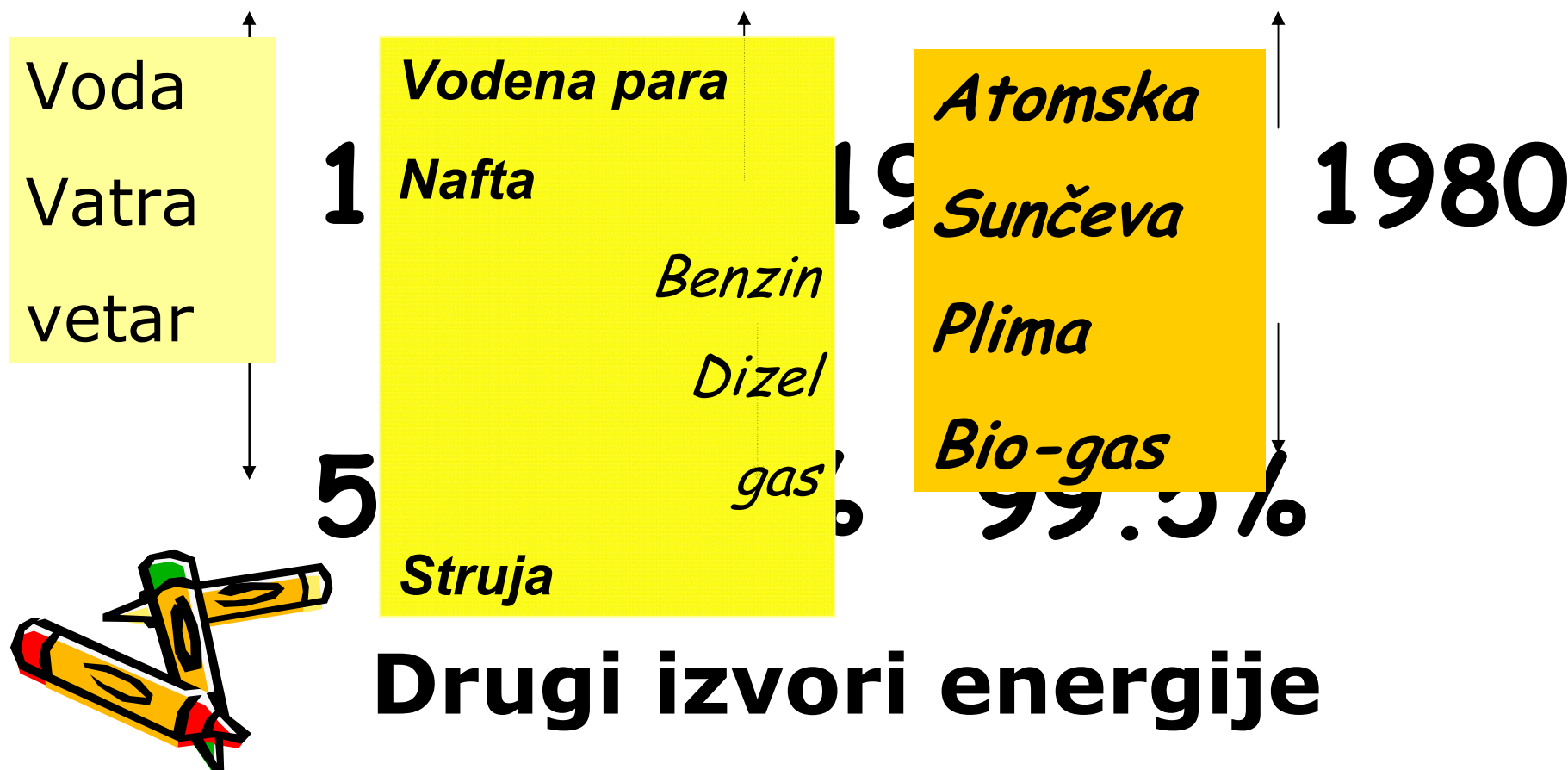


MIŠIĆNO ANGAŽOVANJE

95%

1%

0.5%



NEKRETNANJE

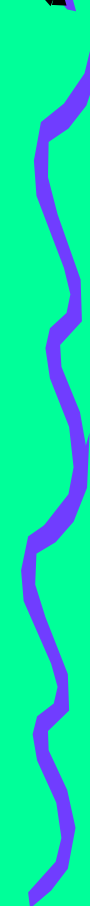
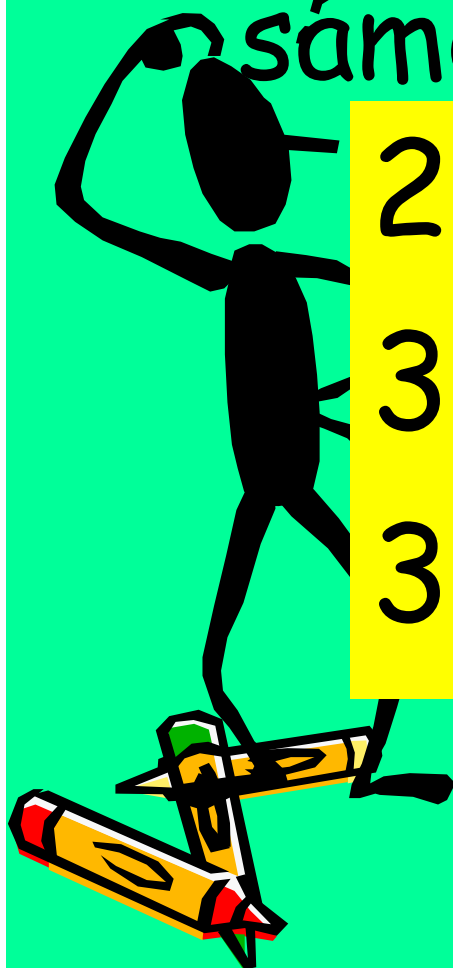


2
samostalni riziko-faktor

2,5 opšta smrtnost

3,5 kardiovaskularna

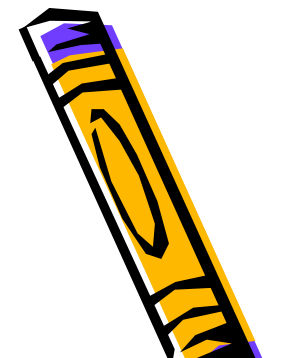
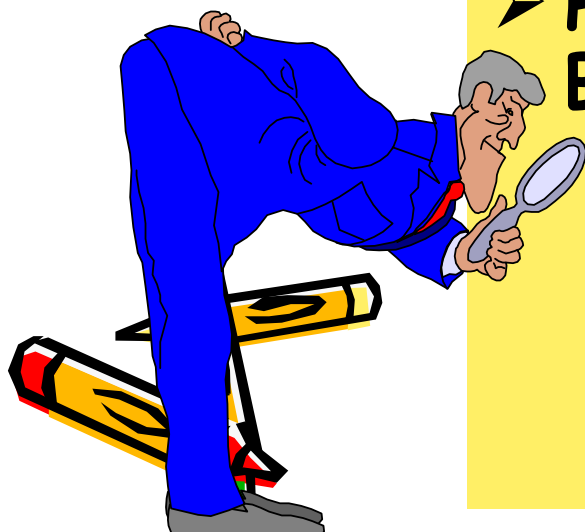
3 pojedini karcinomi



Posebno ugrožene kategorije građana

- deca
- adolescenti
- STRES
- III doba
- **HRONIČNE NEZARAZNE BOLESTI**

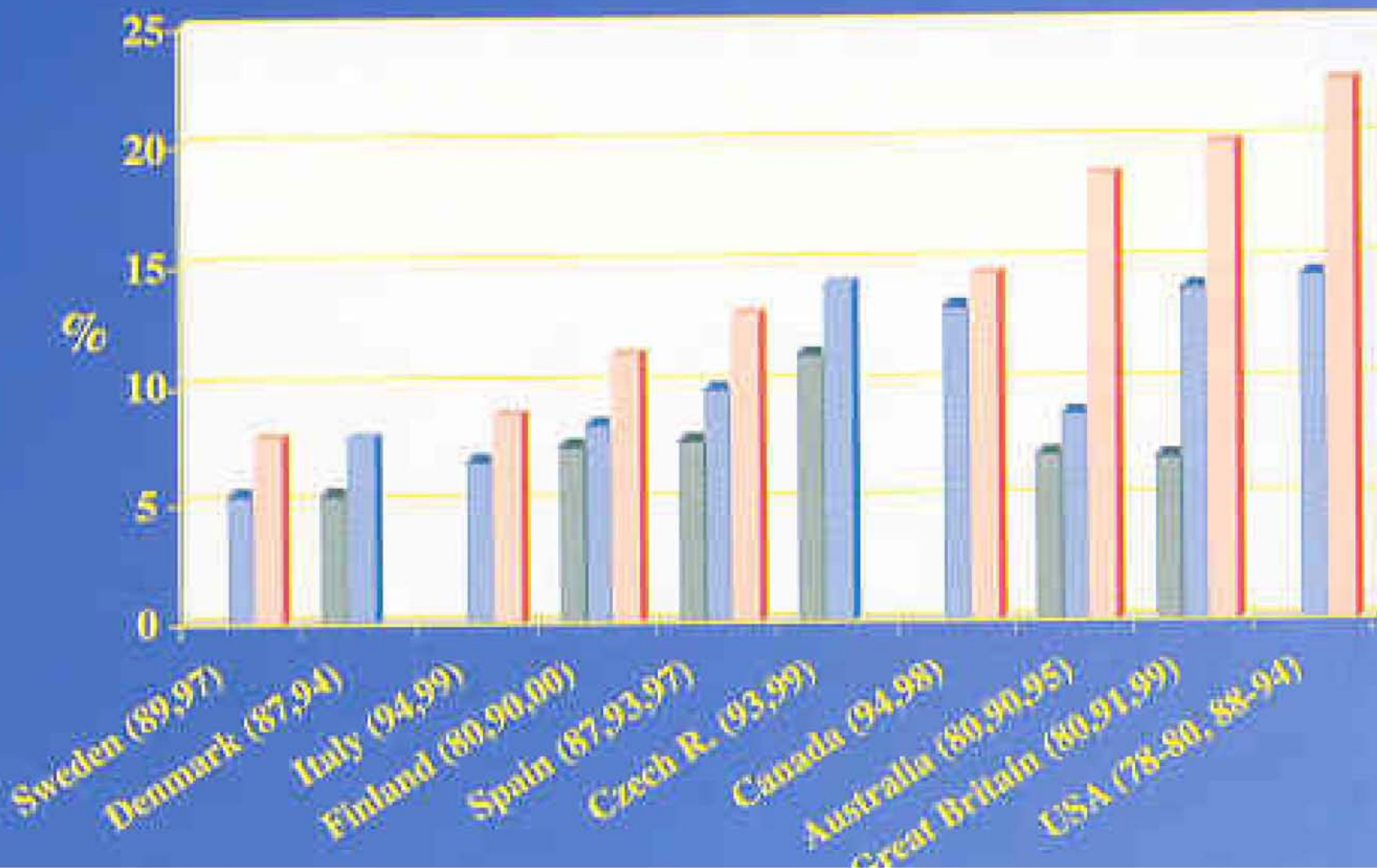
hipertenzija
gojaznost
šećer
osteoporoz





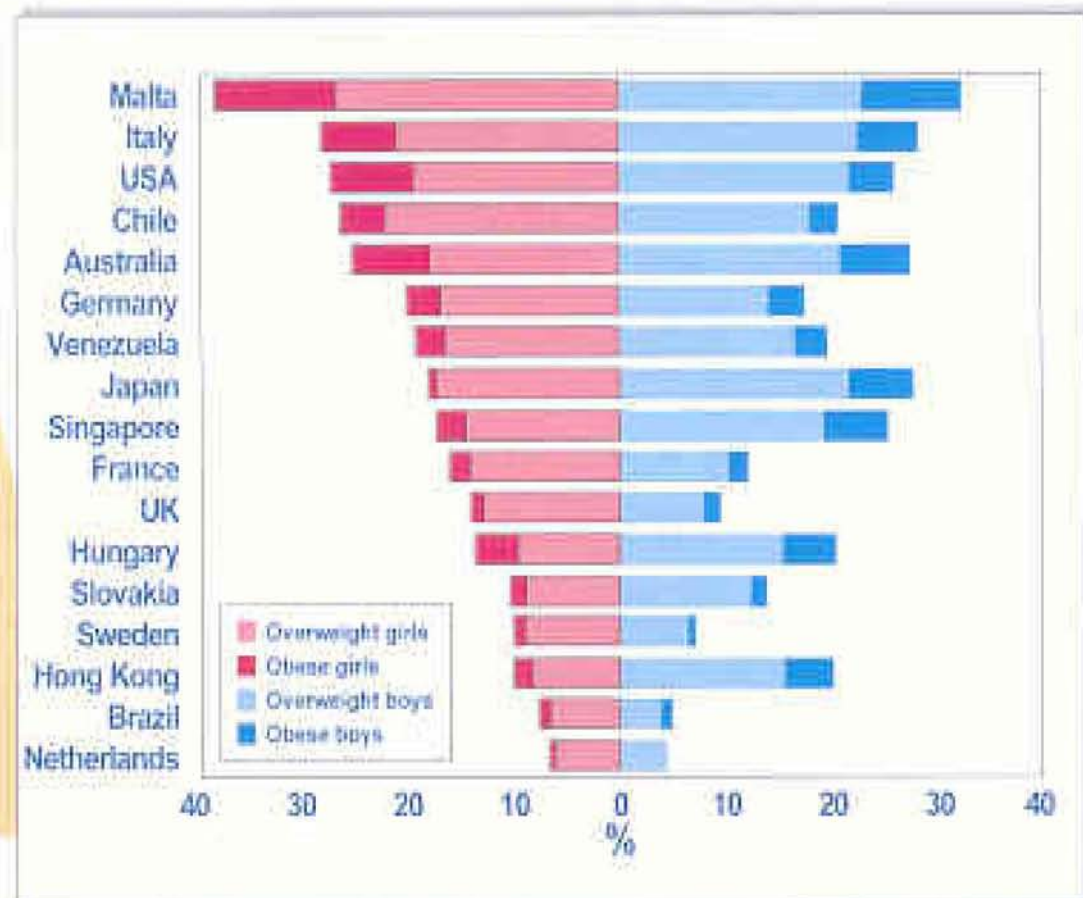
Obesity Trends

(population > 15 years with BMI > 30, in %)
(source: OECD 2001)



Prevalence of obesity and excess weight in boys and girls aged 10 years

The table shows the alarming situation of obesity in children. This pathology has assumed all the hallmarks of an epidemic, and is afflicting the countries with the highest income

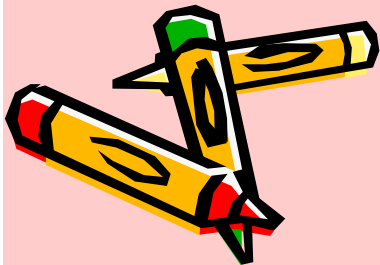


1995

Pavlović M.

dr disertacija na Medicinskom u NS

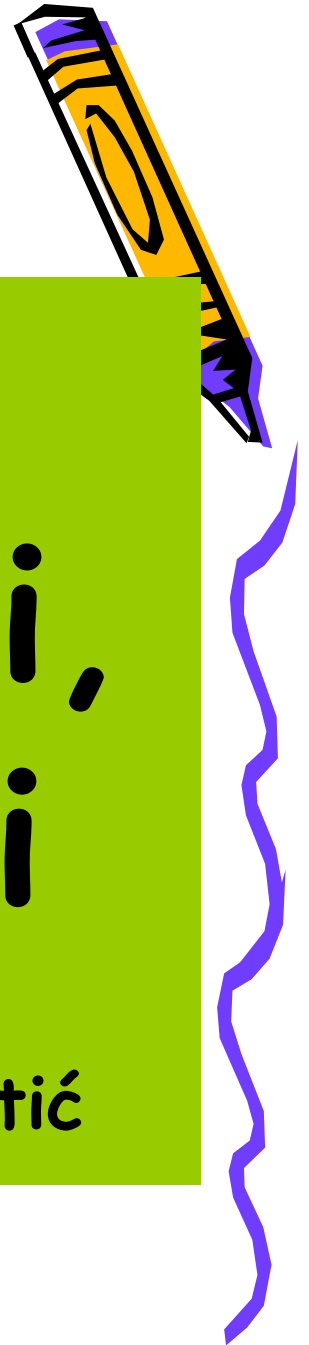
**Kardio problemi kod dece
predškolskog uzrasta u
severnoj Bačkoj**



Da ne zaboravimo:

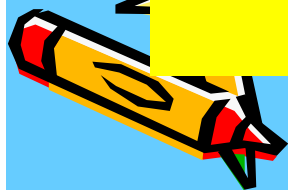
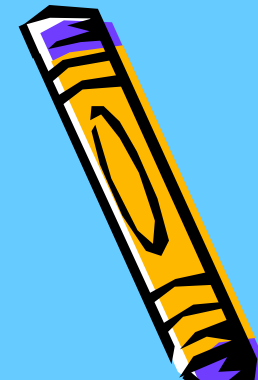
**po zdravlje
treba ići ka reci,
a ne ka apoteci**

M. Matic



UČENIK je "RADNI čovek"

- Nastava
 - Domaći
 - Lektira
 - Učenje - učenje - učenje
 - » Propitivanje
 - » Kontrolni zadaci



OCENA

- Angažovanje nastavnika
- Očakivanja roditelja
- Podrška familije

Dalje školovanje-izbor
zanimanja



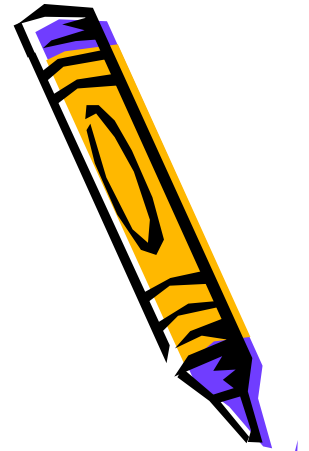
IZAZOVI

- Očekivanja vršnjaka
- Interni **SISTEM VREDNOSTI**
- Pubertet
 - identitet
 - samopotvrđivanje
 - seksualnost



INTERESOVANJA

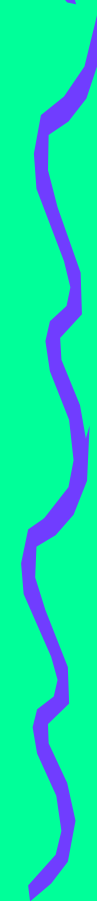
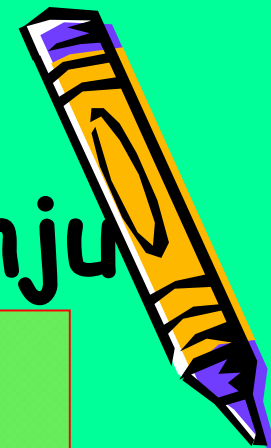
- Druženje
- Putovanje
- Bavljenje sportsko-rekreacijskim aktivnostima



**ANTROPLOŠKA
KONSTANTA
MLADOSTI**

Vančasovne i vanškolske aktivnosti u fizičkom vaspitanju

- Aktivni odmor
- Sportske sekcije
- Školska takmičenja do Olimpa
- Škola u prirodi
- Letovanje
- Zimovanje
- Produženi boravak
- Učenički domovi
- Model SPRET-a



HVALA ZA PAŽNJU



dusan.mitic@dif.bg.ac.rs