Study program / study programs: Sport

Type and level of studies: Specialized professional studies of sport

Course title: THEORY AND PRACTICE OF SPORTS BRANCH 4

Lecturer or lecturers (for lectures): Jevtić N. Branislav, Jocić J. Dragan, Stefanovic D. Đordje, Ćirković M. Zoran, Jakovljević T. Sasa, Jovanovic M. Srećko, Janković R. Aleksandar, Vukašinović M. Vladan, Kasum D. Goran, Nesic P. Goran, Mitrovic N. Darko, Irina V. Juhas, Mandarić D. Sanja, Leontijević J. Bojan, Valdevit J. Zoran, Moskovljević T. Lidija, Grbović V. Miljan, Janković B. Nenad, Ropert J. Robert, Rajkovic M. Želiko, Bratuša F. Zoran, Ranisavljev M. Igor, Matić L. Milan, Dabovic R. Milanko, Mudrić R. Miloš, Mandić S. Radivoj, Dobrijević M. Slobodanka, Kocić Z. Sonja

Course status: Compulsory elective in the module

ECTS: 5

Condition: No

Course objectives:

Students are introduced to the specific characteristics of the sports branch and are trained to realize the training contents of the work in the conditions of the supreme, professional, senior performance.

Course outcome:

Enhanced knowledge and professional skills that build competence in the area of top sports.

Contents description

Defining the basic concepts related to the superlative expression in the chosen sports branch; the anthropometric characteristics of top athletes in the chosen sports branch; means and principles of training at the top level in the chosen sports branch; training methods at top level in the selected sports branch; features of the technical appearance of athletes at the top level in the chosen sports branch; characteristics of the tactical manifestation of athletes at the highest level in the chosen sports branch; characteristics of motorist manifestation of athletes on top level in the selected sports branch; psychological-pedagogical basics and characteristics of athletes at the highest level in the chosen sports branch; selection and selection criteria for athletes at the highest level in the chosen sports branch; working method with senior age, superior level of expression (training techniques, tactics, fitness).

References:

Karalejić, M., Jakovljević, S. (2008): Theory and Methods of Basketball. Belgrade: FSFV; Aleksić, V., Jankovic, A. (2006): Football -History-Theory-Methodology. Belgrade: FSFV; Radojević, J., Vukašinović, V., Grbović, M. i Dabović, M. (2011). Theory and Methods of Sports Gymnastics - Part 2. Belgrade: FSFV; Stefanović, D., Juhas, i., Jankovic, N. (2008). Theory and Methodology of Athletics. Belgrade: FSFV; Ćirković, Z., Jovanović, S., Kasum, G. (2010): Martial arts. Belgrade: University of Belgrade FSF; Ilić B., Ropret R., Ilić M. (2011): Virtual Alpine skiing. Belgrade: FSFV; Stojanovic, T. Костић, P. and Nešić, G. (2010). Volleyball technique and tactics. Kasper.Banja Luka: Faculty of Physical Education and Sports; Petrović, J. and Associates (1995): Sports Gymnastics 1 and 2. Belgrade: FSFV; Stojanovic, T., Kostic, R. and Nešić, G. (2005). Volleyball. Banja Luka: Faculty of Physical education and sports; Jevtić, B. (2008). Introduction to sports swimming, script; Tomljanović, V., Malić, Z. (1982): Handball - theory and practice, "Sportska tribina", Zagreb; Radisaljević, L. (1992): Rhythmic-sport gymnastics, FFK, Belgrade; Ilić B. (1988): Skiing. NIPRO Partizan, Belgrade; Stefanović, D. (2006). Theory and practice of sports training. Belgrade: Faculty of Sport and Physical Education .; Zeljaskov, C. (2004). Fitness training of top athletes. Belgrade: Sports Academy; Ćirković, Z., Jovanović, S. (2002): Fighting boxing - karate,: FFK, Belgrade; Popović, S. (1985): Secret judo, Sava Muncan, Bela Crkva; Ćirković, Z., Kasum, G. (2000). Wrestling in the Greek-Roman style, Judo magazine, Belgrade; Mitrović, D. (2003): Rowing, script, FSFV, Belgrade.

No. of active classes

No. of active classes				Other classes:
Lectures:	Practical classes:	Other forms of teaching:	Study research work:	
3	3			

Teaching method

Theoretical lectures; practical lectures; seminar papers; praxis

Knowledge assessment (maximum score 100)					
Exam prerequisites	points	Final examination	points		
Class Activities	5	Written examination	20		
Practical instruction	5	Practical examination			
Practicum	20	Oral examination	30		
Praxis	20				