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Study program /	study programs	s: Specialistic p	protessional	studies of sport
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## **Course title:** Applied field techniques

**Lecturer or lecturers (**for lectures)**:** Mitrovic N. Darko, Rajkovic M. Zeljko, Miletic K. Vladimir Course status: Obligatory within the module

#### **ECTS:** 5

Condition: Psycho-physical preparedness to work in field conditions, owning a basic field equipment, ability to swim

## **Course objectives:**

The course objective is to educate students with the program content that is applicable in specific field conditions. Specific forms of moving that are important for successful implementation of projected tasks in natural environment aimed at particular social structures (army, police, fire fighters, sector for emergency situations, members of mountain rescue units, bodyguards and etc).

## **Course outcome:**

The expected outcome of the program is to have students that fully comprehend the problematic of the field working, in the terrain, in winter and summer conditions when conducting program content that is adapted for special purposes, in order to learn basic programs work the field work and in order to organize training and training process s within their professional work (within their above mentioned formations).

## **Course content**

Theoretical part

Introduction to basic types of spending time in nature, understanding the laws of natural environment. applied program contents that are systematized according to the place of implementation (introduction to the tactics, technique and method of training and characteristic risks), basics of survival in nature, basics of rescue missions and field medicine and protection of the environment.

#### Practical part

Implementation of the course is reflected through two organized fieldtrips-camping with program content according to the season (winter and summer)-practical appliance of gained theoretical knowledge I the field conditions, as well as visit to certain clubs that provide parts of projected education for which the Faculty has no resources.

## **References:**

- 1. Vukelić, M. (2004): Special Physical Exercise. SIA, Belgrade
- 2. Miletić, V. (2011): EXIT, Behind the Open Doors. SIA, Belgrade
- 3. Schurman, D., Schurman, C. (2009): The Outdoor Athlete. Human Kinetics, Canada
- 4. Stojanović, T; Savić, Z; Miletic, V: (2013). Mountaineering and camping. Banja Luka.
- 5. Towell, C. (2012): The Survival Handbook: Essential Skills for Outdoor Adventure. DK, London.

6. Cox, S; Fulsaas, K: (2009). Mountaneering, The Freedom of the Hills. MB Seattle. Other classes

# No of active classes 6

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Exercises/	Other forms of teaching:		Study research					
Practical classes:			work:					
3								
Methods of execution: lectures in theory, practical classes								
Knowledge assessment (maximum score 100)								
Exam prerequisites		Final e	xam	points				
Attending Practice Hours		Written	ı exam					
Preparing for practice		Oral Ex	kam	40				
Activity during practice								
Final examination								
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