

Study program / study programs: Physical education and sports			
Type and level of studies: Specialized Professional Studies Sports			
Name of the course: Applied martial arts			
Lecturer or lecturers (for lectures): Jovanovic M. Srecko, Kasum D. Goran, Mudric R. Milos			
Lecturer / Associate (for practice): Jovanovic M. Srecko, Kasum D. Goran, Mudric R. Milos			
Course status: Obligatory in module			
ECTS: 5			
Condition: does not have			
The aim of the course: Theoretical education and practical methodical training of students for the realization of planned facilities in the field of Applied martial arts within the special physical education, as well as developing a positive attitude towards martial arts and sports, by emphasizing their educational training and practical value.			
The outcome of the course: The expected outcomes are to enable students from the realization that competently planned contents of the program in the field of the applied martial arts, while the desired outcomes to enable students to achieve greater levels of professional methodological implementation of the program of the applied martial arts in different educational groups.			
Contents of the course			
Theory teaching: The course is divided into three thematic sections:			
<ul style="list-style-type: none"> • The theoretical basis of martial arts • Application of martial arts based on the strikes in the SFO • Application of martial arts on the basis of throws in the SFO • Application of the mixed martial arts in SFO • Application martial art technique in a typical practical situations 			
Practical classes: Exercise, Other modes of teaching, Study research work:			
<ul style="list-style-type: none"> • learning the basic techniques of boxing, karate, wrestling, judo and ju-juitsu • application of selected martial arts techniques in typical practical situations • tracking seminars and thematic lectures in the field of applied martial arts 			
Recommended literature			
Vukelić, M. (2004). Specijalno fizičko vežbanje. SIA, Beograd. (serbian language)			
Vučković, G., Blagojević, M., Dopsaj, M. (2011). Specijalno fizičko obrazovanje 2: usmereni nivo. Beograd: Kriminalističko – policijska akademija. (serbian language)			
Ćirković, Z., Jovanović, S., Kasum, G. (2010). Borenja. Beograd: Univerzitet u Beogradu FSFV. (serbian language)			
Number of active classes			Other classes:
Lectures: 3	Practical classes: 6	Other forms of teaching: 3	
Methods of teaching			
Lectures and monitoring of program implementation SFO in educational institutions and training center.			
Knowledge assessment (maximum score 100)			
Pre-exam obligations	points	Final exam	points
Activity on classes	10	Practical exam	
Practical classes	10	Oral exam	
Colloquium	30	
Seminar	20		

