Study program / study programs: Sport and recreation

Type and level of studies: Special professional studies

Course title: THEORY AND PRAXIS OF SPECIAL PHYSICAL EDUCATION

**Lecturer or lecturers (**for lectures): Zoran R. Ćirković, Srećko M. Jovanovic, Goran D. Kasum, Mudrić R. Milos

Course status: Obligatory in module

**ECTS**: 5

Condition: None

## **Course objectives:**

Theoretical education of students for realization of the foreseen contents from

the field of Special Physical Education (SFO), and the development of awareness of the importance of the SFO in dealing with different educational gaps.

#### **Course outcome:**

The expected learning outcomes are to train students to see the existing ones structure, goals, tasks and methods of the SFO in different segments, while the desired learning outcomes will enable students to plan, program and implement the SFO program in accordance with modern requirements.

# **Contents description:**

Theoretical instruction

The subject is divided into five thematic units:

- 1. The term and definition of the SFO,
- 2. Objectives, tasks, methods and resources of the SFO,
- 3. Content of the SFO program,
- 4. Specificity of the application of the SFO program in different educational groups,
- 5. Legal framework for the application of the content of the SFO.

#### Practical classes:

- 1. Safe preventive measures
- 2. The means of control and the necessary defense
- 3. Solving typical situations

### **References:**

- 1. Vukelić, M. (2004). Specijalno fizičko vežbanje (Special physical exercise). SIA, Belgrade
- 2. Vučković, G., Blagojević, M., Dopsaj, M. (2011). Specijalno fizičko vaspitanje 2: usmereni nivo (Special Physical Education 2: Targeted level). Belgrade: Criminal Police Academy.
- 3. Ćirković, Z., Jovanović, S., Kasum, G. (2010). Rvanje (Wrestling). Belgrade: University of Belgrade FSFV

No. of active cl	Other classes:			
Lectures:	Exercises/	Other forms of teaching:	Study research	
2	Practical classes:	_	work:	
	2			

## **Teaching method**

Theoretical lectures and monitoring of the realization of the SFO program in educational institutions and training centers.

Knowledge assessment (maximum score 100)						
Exam prerequisites	points	Final examination	points			
Class Activities	10	Written examination	30			
Practical instruction	10	Practical examination				
Workshop	30	Oral examination				
Seminar papers	20					