



EUROPEAN CONGRES OF  
**WELLNESS &  
FITNESS**

20-21. 10. 2011.

Hotel Putnik Tulip Inn  
Belgrade, Serbia






## TEME I PREDAVAČI / THEMES AND LECTURERS

-  **Uvodni deo kongresa**  
*Birgit Schwarze, Predsednica Nemačkog fitness saveza DSSV (Nemačka)*
-  **Razvoj fitnessa i slobodne aktivnosti u Evropi**  
*Günter Noll, vlasnik 5 fitness centara u Bonnu (Nemačka)*
-  **Edukacija u fitnessu**  
*Paul Eigenmann, Predsednik DIN-Instituta za sertifikovanje švajcarskih fitness klubova (Švajcarska)*
-  **Profit i fitness**  
*Nenad Đurović vlasnik fitness centara u Zagrebu (Hrvatska)*
-  **Marketing i reklama. Kako saznati šta budući član želi**  
*Refit Kamberović, Generalni manager nemačkog saveza (DSSV) I autor 8 stručnih knjiga (Nemačka – Hrvatska)*
-  **Funkcija fitness I wellness menadžera**  
*Dr Adam Kohnke, Predsednik Poljskog Saveza PZFW (Poljska)*
-  **Fem – fitness novi trend fitnessa za žene**  
*Birgit Schwarze, Predsednica Nemačkog fitness saveza (DSSV) I Glavni urednik stručnog časopisa Medical Fitness and Healthcare (Nemačka)*
-  **Fitness i ishrana**  
*Docent dr Dejan Čubrilo (Srbija)*
-  **Razvitak fitnessa I wellnessa u Jugoistočnoj Evropi**  
*Mr Nina Stojadinović, Savez za rekreaciju I fitnes Srbije (Srbija)*
-  **Zdravstveni značaj fitnessa**  
*Mr sci. med Dr Duško Spasovski (Srbija)*
-  **Introductory part of congress**  
*Birgit Schwarze, Chairwoman of German Association of Fitness DSSV (Germany)*
-  **Development of fitness and free activities in Europe**  
*Günter Noll, owner of 5 Fitness Centers in Bonn (Germany)*
-  **Education in fitness**  
*Paul Eigenmann, Chairman of DIN-Institute for Certification Swiss Fitness Clubs (Switzerland)*
-  **Profit and fitness**  
*Nenad Djurović, owner of Fitness Centers in Zagreb (Croatia)*
-  **Marketing and Commercial. How to identify what future member wants?**  
*Refit Kamberović, General Manager of German Association of Fitness (DSSV) and author of 8 professional books (Germany-Croatia)*
-  **Function of fitness and wellness managers**  
*Dr Adam Kohnke President of Polish Association PZFW (Poland)*
-  **Fem – Fitness new trend of fitness for women**  
*Birgit Schwarze, Chairwoman of German Association of Fitness (DSSV) and Editor in Chief professional journal Medical Fitness and Healthcare (Germany)*
-  **Fitness and nutrition**  
*Assistent Professor Dr Dejan Čubrilo (Serbia)*
-  **Development of fitness and wellness in Southeast Europe**  
*MSc Nina Stojadinović, Serbian Association for Recreation and Fitness (Serbia)*
-  **Health importance of fitness**  
*Mr. sci. med Dr Duško Spasovski (Serbia)*



## PLAN AKTIVNOSTI / ACTIVITY PLAN

### 19.10.2011.

-  Dolazak predavača i učesnika do 19.00 časova / Lecturers and participants arrival until 7.00 pm

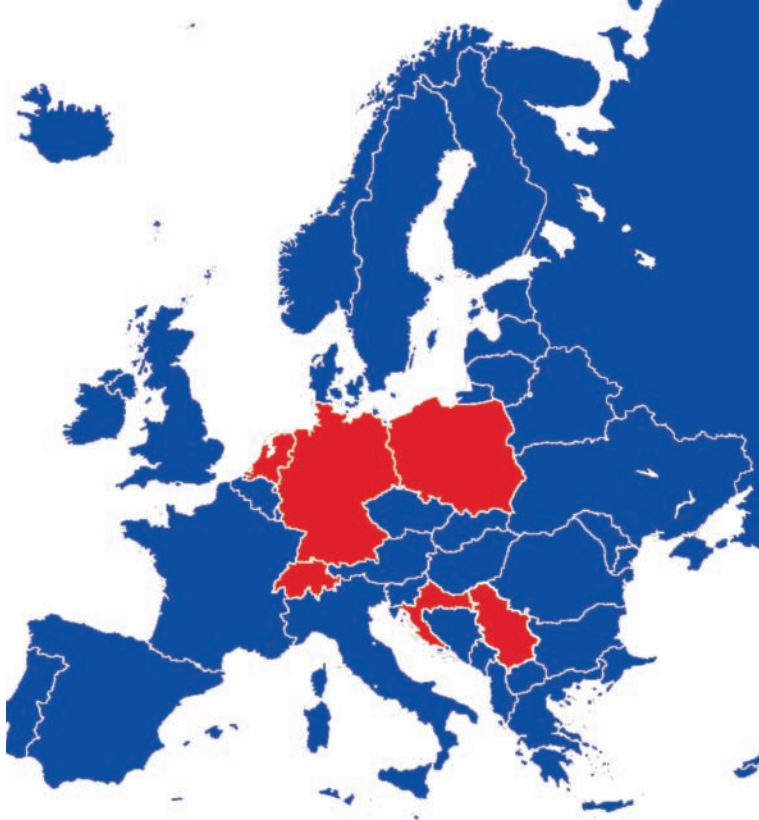
### 20.10.2011.

VREME / TIME	AKTIVNOST / ACTIVITY	LOKACIJA / LOCATION
08 <sup>00</sup> – 09 <sup>00</sup>	Prijavljivanje učesnika / Participant registration	Lobi hotela / Hotel lobby
09 <sup>00</sup> – 09 <sup>30</sup>	Svečano otvaranje / Opening ceremony	Sala za predavanja / Lecture hall
09 <sup>30</sup> – 10 <sup>30</sup>	Predavanje 1. / Lecture 1.	Sala za predavanja / Lecture hall
10 <sup>40</sup> – 11 <sup>40</sup>	Predavanje 2. / Lecture 2.	Sala za predavanja / Lecture hall
11 <sup>40</sup> – 12 <sup>00</sup>	Pauza za kafu / Coffee break	Lobi hotela / Hotel lobby
12 <sup>00</sup> – 13 <sup>00</sup>	Predavanje 3. / Lecture 3.	Sala za predavanja / Lecture hall
13 <sup>00</sup> – 14 <sup>00</sup>	Predavanje 4. / Lecture 4.	Sala za predavanja / Lecture hall
14 <sup>00</sup> – 15 <sup>30</sup>	Ručak / Lunch	Lobi hotela / Hotel lobby
15 <sup>30</sup> – 16 <sup>30</sup>	Predavanje 5. / Lecture 5.	Sala za predavanja / Lecture hall
16 <sup>30</sup> – 17 <sup>30</sup>	Predavanje 6. / Lecture 6.	Sala za predavanja / Lecture hall
17 <sup>30</sup> – 17 <sup>50</sup>	Pauza za kafu / Coffee break	Lobi hotela / Hotel lobby
17 <sup>50</sup> – 18 <sup>50</sup>	Forum – Okrugli sto / Forum – Round table	Sala za predavanja / Lecture hall

### 21.10.2011.

VREME / TIME	AKTIVNOST / ACTIVITY	LOKACIJA / LOCATION
08 <sup>30</sup> – 09 <sup>30</sup>	Okupljanje učesnika / Participants gathering	Lobi hotela / Hotel lobby
09 <sup>30</sup> – 10 <sup>30</sup>	Predavanje 1. / Lecture 1.	Sala za predavanja / Lecture hall
10 <sup>40</sup> – 11 <sup>40</sup>	Predavanje 2. / Lecture 2.	Sala za predavanja / Lecture hall
11 <sup>40</sup> – 12 <sup>00</sup>	Pauza za kafu / Coffee break	Lobi hotela / Hotel lobby
12 <sup>00</sup> – 13 <sup>00</sup>	Predavanje 3. / Lecture 3.	Sala za predavanja / Lecture hall
13 <sup>00</sup> – 14 <sup>00</sup>	Predavanje 4. / Lecture 4.	Sala za predavanja / Lecture hall
13 <sup>00</sup> – 14 <sup>00</sup>	Ručak / Lunch	Lobi hotela / Hotel lobby

-  Posle 14.00 časova napuštanje soba / After 2.00pm leaving rooms



**ORGANIZATOR:**



Савез за рекреацију  
и фитнес Србије

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